

**HAPPY  
THANKSGIVING!**



METRO WILL  
NOT PUBLISH  
ON MONDAY.  
LOOK FOR US  
ON TUESDAY.

**ENSURE YOUR  
MENTAL HEALTH  
A SPECIAL SECTION**

{page 39-42}



**ASHTON  
MOVES OUT  
OF PAD HE  
SHARED  
WITH DEMI** {page 37}

**CALGARY**

**metro**®

**Weekend, October 7-10, 2011**

**www.metronews.ca**



**News worth  
sharing.**

More locations in the **CALGARY**  
area than any other fitness club!

**JOIN TODAY**

**\$2 PER  
MONTH**

**FOR THE FIRST 2 MONTHS**  
of a two year membership\*

**GoodLife  
FITNESS.**  
The good life. Made easy.

Visit [goodlifefitness.com/calgary](http://goodlifefitness.com/calgary) for details.

\*Offer good for two years and pay \$4 a applicable fees for the first 2 months. No weekly payments for the first and subsequent months will be based on the number of the selected membership. Regular membership fees vary based on club and membership. Special charges for additional fees are required above the regular membership fee. Offer available only through the GFL membership system. Offer valid at participating Alberta clubs only. Offer ends October 31, 2011.

**Work. Shop**



► Grade 7 students Joel Poirier, 12, and Dorothy Zhao, 11, work with local artist Susan Kristoferson on an art project at the Calgary Science School Wednesday, during Forging Connections, a series of hands-on workshops at the school.

CANDICE WARD/FOR METRO

**Hands-on art project**

# Final stanza for music program?

► About 225 Calgary students are enrolled in Music and Play program ► Students haven't been in class for two weeks



**KATIE  
TURNER**  
@METRONEWS.CA

Parents are fearful a beloved music program could be permanently lost following a city decision to close the doors on the program's space.

Founder of Music and Play Colleen Lindenbach said she's on the verge of having to shut down her program.

After working out of her home for the past three years, Lindenbach moved into Ambrose University College on a temporary lease with the understanding that she would eventually move into a permanent space in the college's new building.

"Within three weeks, we received an order from the city telling us to cease operations and vacate the property," she said.

Lindenbach said she found out the land use approved by the city for Ambrose would not allow her to

teach on that property.

"Let's put it down to perhaps a misunderstanding or miscommunication," said Judy Lupton, manager of planning implementation with the city. "That's why she opened up and we said, 'no you're not allowed to.'"

While Lindenbach was given the option to apply for a change to the land use, she said the process is a long one and she can't afford to put her business on hold.

She has since found a space to move into, but it requires upgrades that will take months.

"If I don't find temporary space to move those into ... I'll have to shut down the whole business," she said.

Leigh Gaudin has two children in the program and has, like many other parents, been trying to help Lindenbach find a temporary space to continue operating.

"I'm going to keep my fingers crossed," she said.

## Music lessons

- Colleen Lindenbach teaches students ages six months and up.
- She teaches two programs including Music for Young Children for ages three to 11 and Music Pups for kids zero to three.
- Lindenbach has been teaching music for 30 years and said it was her dream to open up her own school.
- She said several parents have been contacting the area's alderman, Richard Pootmans, and the mayor's office, as well.
- If she doesn't find a temporary space to operate out of by Monday, Lindenbach said she will have to shut down the program.

**PRE-SEASON  
PASS SALE**

Adults Save \$130  
Pays for itself in 10 days  
Exclusive Pass Benefits

<b>\$769</b>	<b>\$1799</b>	<b>\$599</b>	Youth/Student
Adult	Family		Senior/ Midweek

**Sale Ends Oct 15**  
1.877.956.8473  
[skilouise.com](http://skilouise.com)

**Lake Louise**  
The Rockies' Rigger, Canada's Best



RBC Royal Bank®

# RBC ROYAL BANK® RANKS #1 ONLINE

What can you get with award-winning\* online convenience?

- #1 Online Banking site in Canada since 2007<sup>1</sup>
- Bank on the go with mobile apps
- Free budgeting and expense tracking with *myFinanceTracker*™
- Top-ranked website for research<sup>2</sup> with one-of-a-kind Advice Centre
- 100% Online Security Guarantee<sup>3</sup>

Do you want more online?  
Visit [rbcroyalbank.com](http://rbcroyalbank.com).

Advice you can bank on™



\* / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. \* Recent Awards: Globe Finance July 2011 – Best Consumer Internet Bank in Canada; an independent Forrester Research, Inc. report, 2010 Canadian Bank Secure Web Site Rankings (December 2010) – 1st in Canada for Online Sales Effectiveness, highest in North America for Trust, and Research, highest in Canada for Online Applications; and Survicor 3rd edition online banking scorCard – 1st in Canadian Online Banking Services. According to Forrester Research, Inc., 2010 Canadian Bank Secure Web Site Rankings (December 2010) <sup>2</sup> Based on two independent Forrester Research, Inc. reports (July 2011): “2011 Canadian Online Sales Bank Rankings” and “2011 US Online Sales Bank Rankings.” <sup>3</sup> 100% reimbursement for unauthorized transactions in RBC Online Banking; for full details see RBC Electronic Access Agreement.



## Paxton denies torture charges

A tearful Dustin Paxton denied charges he had tortured one of his roommates, telling police interrogators on a video shown in court Thursday that he actually took loving care of the man.

Paxton said his roommate's condition had degenerated to the point that he was bedridden, though he did not explain why.

He said he would feed and bathe the man, and change his soiled linens and diaper.

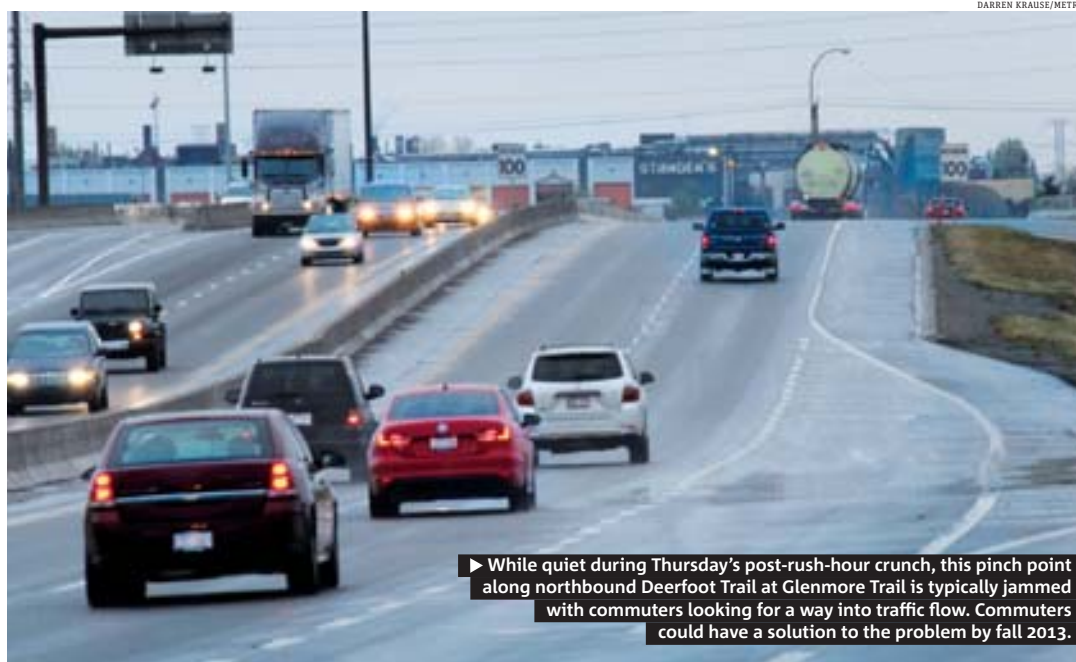
However, Paxton grew agitated when the officer detailed his roommate's injuries — his nose had been kicked in, there were abrasions on his genitals and he had many broken bones.

"You're telling me every bone in the left side of his body was broken? No, no," said Paxton.

"That's what his doctors in Regina say," responded the detective.

"This guy was babied for a long time, so there's no way," Paxton insisted.

He told the officer he had been abused as a child and had lived on the streets since the age of 12. He also admitted having been diagnosed a schizophrenic, but said he did not take medication for the condition. Throughout the interview, he angrily denounced the charges against him, insisting he would be acquitted in court. Paxton is on trial for aggravated assault, forcible confinement and sexual assault. **THE CANADIAN PRESS**



► While quiet during Thursday's post-rush-hour crunch, this pinch point along northbound Deerfoot Trail at Glenmore Trail is typically jammed with commuters looking for a way into traffic flow. Commuters could have a solution to the problem by fall 2013.

# Glenmore pinch could be squeezed out by fall 2013

► Revamped Deerfoot/Glenmore interchange on Alberta Transportation's 3-year plan ► Work could take 18 months upon tentative fall 2012 start



**DARREN KRAUSE**  
@METRONEWS.CA

With most traffic gains there are traffic pains — but this is one many Calgarians may be willing to live with.

The detailed design phase is in full swing, and tentative plans are set for construction to start on a revamped Deerfoot/Glenmore interchange for the fall of 2012 — ultimately eliminating the dreaded

"Glenmore squeeze."

"That (Glenmore pinch point) is a traffic flow difficulty there," said Alberta Transportation spokesperson Trent Bancarz.

Bancarz said Thursday that designs, which include a completely new northbound bridge and four lanes in both directions, should be ready for spring 2012, and then ideally it would go to tender, with shovels in the ground by next year.

Bancarz indicated that if

the project did start next year, expected completion would be fall of 2013, or spring of 2014 — but that upcoming government budget and priorities could put a kink in the timeline.

Even tentative plans have Calgary commuters like Victor Lough, who drives the "frustrating" traffic grinder nearly every day, breathing a sigh of relief.

"I'm sure it'll be a painful construction process, but it'll be worth it when it's done," said Lough.

### Project

- Trent Bancarz said a rough project cost estimate would be "north of \$40 million."
- Deerfoot was originally built to sustain traffic levels of 100,000 vehicles per day, but some areas see 150,000 vehicles per day, said Bancarz.
- The City of Calgary declined comment on the potential project.

# 1

  
news


A Canadian citizen and his family are imprisoned in Saudi Arabia, and the prime minister isn't addressing it, says Grit MP.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at  
**metronews.ca**

**A day after Steve Jobs' death, impromptu memorial sites spring up outside Apple stores in Toronto and Montreal. Video at metronews.ca/video**

## Alternative Investment Opportunity Conference Calgary

DISCOVER A STABLE INVESTMENT WORLD BEYOND TODAY'S VOLATILE STOCK MARKET!



For Investors,  
This event is:  
Timely  
Relevant  
Insightful  
Diversified

**SATURDAY, OCTOBER. 15, 2011**  
**BMO CENTRE at STAMPEDE PARK**  
**8:30 a.m. – 6:00 p.m.**

- Session Hall and Exhibit Hall
- Luncheon Presentations
- Networking Wrap-up Reception

**Register Now!**  
**www.emdshow.com**

### KEYNOTE SPEAKERS



**KEITH SCHAEFER**  
Oil & Gas Bulletin  
Investing in O & G



**ANDREW BELL**  
Host, BNN  
Alternative Investing

### REAL ASSETS – REAL RETURNS

- A VARIETY OF EXEMPT MARKET INVESTMENTS UNDER ONE ROOF
- MEET PRINCIPALS OF START-UPS OR COMPANIES WITH CASH FLOW
- EXEMPT MARKET DEALERS (EMDs), SPEAKERS AND EXHIBITORS WILL HIGHLIGHT YOUR MEMORABLE DAY!



The Producers of this inaugural Calgary Conference look forward to meeting you!



• MOVIE PRODUCTION • REAL ESTATE • OIL & GAS • PRIVATE EQUITY • START-UPS • MUCH MORE!

## EDUCATION

## Alberta student fees tops in country

**SHELLEY WILLIAMSON**  
@METRONEWS.CA

Alberta students have a new national achievement but perhaps not one to write home about.

Unless it's to ask for cash.

According to a StatsCan report, the province's university students shell out the highest mandatory non-instructional fees, at \$1,399.

Tuition, at \$5,662 in Alberta, is also above

the national average of \$5,366.

"The number is misleading because, while we do have a cap for tuition, non-instructional fees are not regulated," said Farid Iskander, University of Alberta Students' Union VP (external).

Iskander said he, along with student union members from the University of Lethbridge and University of Calgary, have been lobbying Education Minister Dave Hancock asking that fees get some student input about where the money is going.

"We're looking for a little more transparency, that's what we're asking the government for," said Matt McMillan, University of Calgary SU's VP (External).

McMillan said, unlike tuition, non-instructional fees can go up at the university's will with a ministerial nod, and do not always specify what they fund.

"Our main concern at the University of Calgary is that tuition by another name still means paying more for education," said McMillan.

# \$212

Newfoundland university students pay the lowest undergraduate non-instructional fees at \$212, while Alberta students pay \$1,399, the country's highest, for things like health care and athletics.

## Pedestrian killed in crash near Whitehorn

Police are investigating after a female pedestrian was struck and killed by a vehicle near Whitehorn LRT station late Wednesday.

The incident took place around 11:40 p.m.

It is not clear if the pedestrian travelling across the road at 36th Street N.E. and Whitehorn Drive was jaywalking when a black Honda Prelude struck her.

According to a release, speed and alcohol are not considered factors in the crash.

● METRO

# Snowstorms won't bury business parking



► Dean Bell, manager of roads maintenance with the city, displays one of about 4,000 signs that will be placed around the city in the coming days.

► Free off-street parking overnight will be offered during snow days

**KATIE TURNER**  
@METRONEWS.CA

Snow shouldn't put a damper on downtown parking after a deal was struck to exempt certain areas of the city from a newly instituted parking ban.

Parking will be limited along priority one and two routes for 72 hours during a snow event to allow for faster snow clearing.

However, nine business revitalization zones in the city, including the downtown core, will be exempt from these parking bans until the evening.

"Snow removal is a priority, obviously, but we certainly can't be without the vast majority of street parking for three days, especially within the downtown core," said Maggie Schofield of the Calgary Downtown Association,

### Installation

- Parking signs began going up around the city on Thursday.
- They will all be installed by Oct. 15.

adding she's thankful they've reached a compromise.

Troy McLeod of the Calgary Parking Authority said they were initially concerned about a potential revenue loss if parking was banned, but said they will still be able to operate during business hours when on-street parking is busiest.

Manager of roads maintenance Dean Bell said this program will be short-term pain for long-term gain.

"We're going to get (priority one and two roads) done faster, which means we'll be into the residential quicker."



► Mary Kate Aquino

## Calgary girl to serenade Redford

Mary Kate Aquino is no stranger to belting out the national anthem, but her performance at the Alberta Legislature Friday will be extra special, according to the 12-year-old.

Aquino was selected to sing O Canada at premier-designate Alison Redford's swearing-in ceremony

where she will become Alberta's 13th premier.

As part of the Young Canadians, Aquino sang for Prince William and Kate Middleton during their summer stop in Calgary and performed the national anthem for all 10 days of the chuckwagon races at the Stampede in

2010.

But she said she's really looking forward to meeting the new premier.

"I was pretty excited, I didn't know this would happen," she said, adding she was asked on Monday to attend the ceremony. "It's a really good opportunity." ● KATIE TURNER

Futura - \$1998.00



Now In Stock!

ALL OUR SECTIONALS  
AND SOFA SETS ARE 100% LEATHER

(No Vinyls, Blended leather, or faux leathers of any kind. Special order your choice of colours.)

**MODERNDAY**  
Furnishings + Décor

Deerfoot Mall Unit D12, 901 - 64th Ave NE • 403-453-0433  
www.moderndayfurnishings.com



**SATURDAY, OCTOBER 8<sup>th</sup> ONLY!**

**20X**

**THE SHOPPERS  
OPTIMUM POINTS®**  
WHEN YOU SPEND \$50 OR MORE\*  
ON ALMOST ANYTHING  
IN THE STORE.



**THE MORE  
YOU SHOP, THE  
MORE YOU  
EARN!**

**PLUS These SATURDAY ONLY Specials†**



**COCA-COLA or PEPSI** REGULAR or DIET  
12 x 355mL Selected Types  
or 5.49 case. Limit 4  
+ Deposit & Enviro Levy Where Applicable

**SATURDAY ONLY**  
**2/6<sup>99</sup>**  
REST OF WEEK 2/10<sup>99</sup>



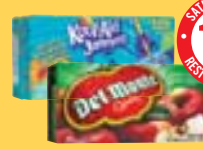
**COCA-COLA or PEPSI** REGULAR or DIET  
6 x 710mL Selected Types  
or 2.99 each. Limit 4  
+ Deposit & Enviro Levy Where Applicable

**SATURDAY ONLY**  
**2/\$5**  
REST OF WEEK 2/\$5



**CHRISTIE**  
COOKIES or CRACKERS  
Selected Types & Sizes  
Limit 4. After limit 1.99

**SATURDAY ONLY**  
**1<sup>79</sup>**  
each  
REST OF WEEK 1<sup>99</sup>



**LIFE BRAND 100% JUICE** (10 x 200mL),  
**DEL MONTE 100% JUICE** or **KOOL-AID**  
**JAMMERS** FRUIT BEVERAGE (10 x 180mL)  
Selected Types Limit 4. After limit 2.50

**SATURDAY ONLY**  
**1<sup>99</sup>**  
each  
REST OF WEEK 2/5<sup>99</sup>



**MAXWELL HOUSE**  
INSTANT COFFEE 200g  
Selected Types  
Limit 4. After limit 3.49

**SATURDAY ONLY**  
**2<sup>99</sup>**  
each  
REST OF WEEK 3<sup>99</sup>



**LIFE BRAND NATURAL**  
SPRING WATER 24 x 500mL  
Limit 4. After limit 2.49

**SATURDAY ONLY**  
**1<sup>99</sup>**  
each  
REST OF WEEK 2<sup>99</sup>



**LAY'S CHIPS** 220g  
Selected Flavours  
Limit 4. After limit 2.69

**SATURDAY ONLY**  
**1<sup>79</sup>**  
each  
REST OF WEEK 2/3<sup>99</sup>



**EVERYDAY MARKET**  
SUGAR 2kg  
Limit 4. After limit 2.29

**SATURDAY ONLY**  
**1<sup>79</sup>**  
each  
REST OF WEEK 2/5<sup>99</sup>



**KRAFT SMOOTH PEANUT BUTTER**  
(1kg) or **SMUCKER'S REDUCED SUGAR**  
**FRUIT SPREAD** (310mL) Selected  
Types Limit 4. After limit 2.99

**SATURDAY ONLY**  
**2<sup>49</sup>**  
each  
REST OF WEEK 2/3<sup>99</sup>



**EVERYDAY MARKET**  
EVAPORATED MILK 370mL  
Limit 4. After limit 1.33

**SATURDAY ONLY**  
**99¢**  
each  
REST OF WEEK 3/4<sup>99</sup>



**LIFE BRAND EXTRA STRONG**  
PAPER TOWELS 8 Roll  
Limit 4. After limit 2.99

**SATURDAY ONLY**  
**1<sup>99</sup>**  
each  
REST OF WEEK 2/3<sup>99</sup>



**BIO-LIFE DOUBLE** (12 Roll), **LIFE**  
**BRAND 2-PLY** (24 Roll) or **DOUBLE**  
(12 Roll) BATHROOM TISSUE  
Limit 4. After limit 4.99

**SATURDAY ONLY**  
**3<sup>99</sup>**  
each  
REST OF WEEK 4<sup>99</sup>



**MOTRIN** (IBUPROFEN TABLETS (50's - 100's),  
**TYLENOL** MUSCLE ACHES & BODY PAIN  
CAPLETS (72's), **EXTRA STRENGTH EZ TABS**  
or **CAPLETS** (100's) Selected Types  
Limit 4. After limit 6.99

**SATURDAY ONLY**  
**5<sup>99</sup>**  
each  
REST OF WEEK 6<sup>99</sup>



**ALL VITAMINS or NATURAL  
HEALTH PRODUCTS**

**SATURDAY ONLY**  
**25% off!**

\*Our regular price. †Points are issued according to the net pretax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, Shoppers Optimum® MasterCard® points, products that contain codeine, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, electronic gift cards, prepaid phone cards, Life Experiences® packages and Shoppers Home Health Care locations. Offer applies to photofinishing services that are picked up and paid for on Saturday, October 8, 2011. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. Offer valid Saturday, October 8, 2011 only. See cashier for details. © 911979 Alberta Ltd. Prices in effect for Saturday, October 8, 2011 only. While quantities last. No rainchecks. See cashier for details.

**SHOPPERS  
DRUG MART**



## WHO NEEDS A SHOVEL WHEN THE CITY WILL DO IT FOR YOU?

### IN DEFENCE OF

MIKE MORRISON  
METRO CALGARY



If there's one thing that we can all agree on, it's that this city's snow removal is

not the best in Canada.

After most storms, I'm fairly certain an eager group of pimply faced teens could clear routes like The Deerfoot and Memorial Drive faster than our city crews. So when city hall announces a strategy, ANY strategy, to improve our roads when Old Man Winter pays us a visit, you'd think Calgarians would be happy, right?

Well, if the reaction to the city's newest plan to make it illegal to park along more than 1,000 kilometres of Calgary roadways if it snows more than five centimetres is any indication, short of bringing in city-sized heaters, Calgarians will never be happy.

Some aldermen, and many urbanites have taken to the media and message boards to air their grievances about potentially having to park three or four blocks away from their apartments, should a storm force them to move their cars.

While I get that it would be convenient to park your car in front of your house, it's definitely a rarity to be able to do so in any other major Canadian city, even in the heat of July. Plus,

with a noted exception to senior citizens, I think we could all use the extra exercise. Of course, as someone who lives on the snow-route, my excitement of the new law can also be perceived as selfishness. After most snowstorms, I usually end up abandoning my car until the next Chinook is able to melt the snow that has buried it. By forcing me to move my vehicle, the city is also essentially promising to plow my parking spot for me. And since I've already lived in Calgary for six years without buying a shovel, I'll certainly take the free help.

However, the city's plan is not perfect. Even Calgary's most talented meteorologists have a hard time predicting our erratic weather. A clear, sunny day can quickly change and dump a few centimetres of snow, so our ever-changing weather will be make defending your inevitable ticket a lot easier.

Bringing me back to my comment about those energetic, eager — albeit pimply-faced — teenagers: do our city crews really need 72 hours to clean up five centimetres of snow? Maybe it's because I'm from the Maritimes, where storms are cleaned up faster than you can say the Rankin Family, but perhaps a shorter timeline will force more efficient cleanups.

I mean, it's not like they're building the Peace Bridge.

## World's longest summer luge track coming to Calgary

► Canada Olympic Park tourist destination scheduled to open in 2013



JEREMY  
NOLAÏS  
@METRONEWS.CA

Calgary luge lovers will soon be able to slide into the action themselves at Canada Olympic Park.

Designs are being finalized for an 1,800-metre summer luge track — the largest of its kind — at the former Olympic venue now owned by WinSport Canada, and construction is expected to begin next year.

The track is the brainchild of New Zealand-based Skyline Enterprises, which has already opened similar venues in its home country, Quebec and Singapore.

"It will be seen as sort of a family destination," said Skyline representative Bruce Thomasen. "We see WinSport as having a great location and Calgary as being a great city.... I'm looking forward to the first ride in 2013."

Lugers will travel to the top of the track on existing chairlifts already available in the summer for users of the park's zipline and mountain-bike course.

On the way down, sleds can reach speeds of 30 kilometres an hour on the snaking course, Thomasen said.

Steve Palmer, WinSport project co-ordinator for land and facility development, said the attraction



► Lugers on another track created by New Zealand's Skyline Enterprises are seen in this undated photo. The group plans to build the largest track of its kind at Canada Olympic Park.

will bolster an already bustling summer scene at the park.

"Any time that we are having high-performance activities that kind of mirror our high-performance sports, that's a fantastic marketing aspect," he said.



For more local news visit [metronews.ca/calgary](http://metronews.ca/calgary)

### Everyday Olympics

luge tracks worldwide.

- Skyline's planned luge track for Canada Olympic Park will be four metres wide, and fast riders will be able to travel from top to bottom in under two minutes.
- Skyline hosts more than 2.5 million rides per year on its
- Final prices to ride down the luge track have not been determined, but discounts will be offered to local and frequent riders, said Bruce Thomasen.
- For more information and to see video of Skyline's other luge offerings, visit [skyline.co.nz](http://skyline.co.nz).

# Fill up on Diesel

## \$14.99\* This Friday, Saturday and Sunday ONLY

\*limit 2 per customer, on selected Diesel products



## The Perfume Shoppe

100's of Designer Brands • Authentic Fragrances • 10% - 75% off Retail Prices • We Carry Rocky Mountain Soap Products

Deerfoot Mall - Unit C9 901 64th Ave NE • 403.313.1524  
Sunridge Mall - #125a 2525 36th Street NE • 403.590.0911

For up-to-date info on sales and promotions, visit us on Facebook





*"Basilica of the Immaculate Conception" in Old Mazatlan.*

#### ABOUT MAZATLAN:

Mazatlan is located on Mexico's Pacific Coast at the foot of the Sierra Madre Mountains. Founded in the 16th Century, Mazatlan is Mexico's colonial city on the beach. The city is divided into three main areas: Old Mazatlan, Zona Dorada or Golden Zone, and Nuevo Mazatlan. One in every three travelers that visits Mazatlan is Canadian. [www.gomazatlan.com](http://www.gomazatlan.com)

# MEXICO'S COLONIAL CITY ON THE BEACH

Mazatlan stands out among tourist destinations as one that provides sun, surf, history and culture. Mazatlan's privileged location- on the Pacific Coast at the foot of the Sierra Madre mountains- has attracted tourists for decades. As a gateway to the sea and Mexico, the city has attracted visitors for centuries. Today, Mazatlan offers an array of experiences for all ages.

Mexico's colonial city on the beach offers a wide range of outdoor activities. Recognized worldwide as a first-class fishing destination, Mazatlan hooks anglers in pursuit of big game like sailfish, marlin and tuna that teem in the waters just offshore. Golfers play at world-class courses, including El Cid Golf & Country Club's Lee Trevino championship course; Estrella Del Mar, a Robert Trent Jones design, and the new Marina Mazatlan Golf Course designed by David Fleming. Other outdoor excursions include kayaking, sailing and zip-lining.

Culture and history lovers explore the streets of the old town. The neoclassical Angela Peralta Theater hosts performances by internationally acclaimed artists. Outside, restaurants at Plaza Machado buzz with patrons and live music. After exploring the city, visitors can tour nearby picturesque Colonial towns. Copala, El Quelite and La Noria are three of the most popular communities.

Savor regional cuisine; explore 17th-century artwork and historic sites dating back to the 1500s.

"Mazatlan's rich culture and unrivalled hospitality sets our city apart from other destinations," says Carlos Berdegue, vice president, Mazatlan Hotel Association and Tourism Trust. "Visitors here enjoy beautiful weather and Pacific Coast sunsets alongside a lively historic center, renowned cuisine and premier resorts. There's also top-ranked spas, championship golf and year-round events. We are committed to showcasing the many sides of Mazatlan." Contact your travel agent to book your Mazatlan holiday.



[www.gomazatlan.com](http://www.gomazatlan.com)



# Cops charge youth in charity theft

► Parents started Alexander's Quest after their son died of brain cancer ► Money stolen from their home



**JEREMY NOLAIS**  
@METRONEWS.CA

Police have charged a minor with stealing money reserved for terminally ill children, but admit the money will probably never be recovered.

On Sept. 20, two people are believed to have broken into a northeast Calgary home belonging to Jonathan and Tara Brown, making off with \$5,000 the couple had raised for a charity created in remembrance of their son.

Two-year-old Alexander Brown died of brain cancer in 2009.

In his memory, Alexander's Quest has helped fulfill dreams for 15 children dying of cancer.

## Loose ends

► **Police believe the thieves** gained entry to the home on Whitlock Close N.E. by prying open the back door. There were reports of other attempted break-ins in the area and investigators are looking into a possible connection.

► **Acting Staff Sg. Pat Ochitwa** said jewelry was also stolen from the home. Investigators are scouring pawnshops in the hope of recovering the items, he said.

► **For more information on Alexander's Quest**, go to [alexandersquest.ca](http://alexandersquest.ca).

cerned the youth, if found guilty, will get off with a light sentence.

"It's sad that he's not going to be tried as an adult and nothing's really going to happen to him," he said.

Acting Staff Sgt. Pat Ochitwa said the youth is known to police and will be charged with break-and-enter. But it's up to a judge to determine punishment.

Investigators continue to search for the second suspect.

"The person we have arrested is not totally co-operating with police," Ochitwa said.

On a bright note, nearly \$3,000 of the money stolen from Alexander's Quest has been made up

Jonathan Brown said Thursday that he's con-



► Jonathan and Tara Brown look at a photo of their son, Alexander, who died of brain cancer in 2009. The couple were devastated last month to find thieves had stolen money raised in his memory to help other children.

through public donations. "Thank you very much," Jonathan said to

supporters. "Those are the true type of heroes because you don't see them

until something bad happens and they are ready to help."

## INCOME TAX COURSE

Flexible hours. We're hiring.

**Curriculum** — During the 9-week course, students study the basics of income tax preparation including current laws, theory and application.

**Successful students** receive an H&R Block certificate of accomplishment and the opportunity to interview for employment with H&R Block.

**H&R Block** knows taxes and how to teach them. Our instructors are expertly trained and are experienced Block personnel who make each session an exciting experience with discussion sessions, reference materials and instructions using regulation forms and schedules.

**Classes begin mid-Oct.** You may choose between morning, afternoon and evening sessions. Applicants need only the willingness to learn about taxes.

The tuition cost covers the complete course, including textbooks, all materials, reference guides and registration.

Full details are as close as your phone. Just call for complete details on class locations, starting dates, tuition, etc.

**Tax Training School begins October 12, 2011.**

Register online at [hrblock.ca](http://hrblock.ca) or call 1-877-32BLOCK (322-5625) for details.



**H&R BLOCK**

Enrollment restrictions may apply. Enrollment in, or completion of, the H&R Block Tax Training School is neither an offer nor guarantee of employment. © 2011 H&R Block Canada, Inc.



SCHOOL OF HEALTH AND PUBLIC SAFETY

## HEALTH CAREERS IN JUST 5 MONTHS

Healthcare has exciting, rewarding and flexible career opportunities to fit your lifestyle. SAIT Polytechnic's School of Health and Public Safety is offering the following fast-track programs for January 2012.

### STERILE PROCESSING TECHNICIAN

Train for the critical role of cleaning, packaging, sterilizing, storing and handling of sterile supplies and surgical instruments.

### HEALTH INFORMATION OFFICE ASSISTANT

Gain the skills necessary to support a health care office, like medical office procedures, medical accounting, physician billing and patient scheduling.

### MEDICAL LABORATORY ASSISTANT

Learn to collect, process, and prepare patient specimens, enter data, perform electrocardiograms, and carry out basic laboratory procedures.

### PHARMACY ASSISTANT

Prepare for a career in a community-based retail pharmacy where you'll receive and prepare prescriptions, manage inventory and work with the public.

SAIT Polytechnic is also offering a **PREVENTIVE DENTISTRY MODULE** for dental assistants, beginning February 2012.

**START YOUR CAREER IN HEALTHCARE TODAY**

**APPLY NOW AT [SAIT.CA](http://SAIT.CA) OR CALL 403.284.7333 FOR MORE INFORMATION**

**FURTHER YOUR PASSION**





# the kids room™

Canada's largest assortment  
of Children's outerwear

*Shed the wet stuff!  
Protective  
outer coating*

*Storm Trooper!  
Flaps help  
keep out  
wind & cold*

**30% off**  
kids' reg. priced\*  
**outerwear**

SIZES INFANTS-18

Choose from Gusti®, Lamar®, Northpeak®  
outerwear & Alpinetek®/MD snowsuits

*Bundle up!  
Insulated  
jacket and  
pants*

\*This savings offer excludes items with prices ending in .97 & .88 and kids' snowpants.

NE101G611 © 2011. Sears Canada Inc.

**Sears**®



## News in brief

► Xavier Robert  
Bissonnette

## Guilty plea in HIV case

**SEX CRIMES.** An HIV-positive Calgary man has pleaded guilty to three counts of aggravated sexual assault.

Xavier Robert Bissonnette, 56, was arrested July 17 after having sex with a 17-year-old girl he met online and later picked up from summer camp.

Bissonnette has reportedly been ordered to provide a DNA sample which will be added to the national sex-offender registry for life. ● METRO

## Wildrose ads target Redford

**POLITICS.** Alberta's Wildrose party seemingly switched into election mode Thursday, launching ads specifically aimed at premier-designate Alison Redford.

The ads try to paint Redford as a Tory loyalist who never challenged outgoing Premier Ed Stelmach while serving in cabinet.

● METRO

## Staff off for Thanksgiving

**HOLIDAY.** The City of Calgary offices will be closed Monday for Thanksgiving and will reopen Tuesday. Calgary Transit will provide Sunday service on Monday.

The LRT service on 7th Avenue downtown will be shut down for service.

● METRO

## Flames fans staying real

► Team opens the season against the Pittsburgh Penguins on Saturday at the Saddledome ► By Thursday afternoon, most of the tickets were gone

Everyone hopes their team will win the Stanley Cup this hockey season, but even the biggest Calgary Flames fan is being realistic about their chances.

"The team will battle for the playoffs again this season," said Kent Wilson, managing editor of Flames Nation.

"It will be a coin toss whether they make it or not."

With no disrespect to his favourite team, Wilson adds that the team has not seen a lot of changes since last season.

Die-hard Flames fan Crystal Grimsen is not expecting a lot out of her team this year, but says she still will not miss a game.

"I want to be hopeful,



► Die-hard Calgary Flames fan Rob van Overmeeren gets ready for the season opener this weekend.

that's what being a fan is," said Grimsen.

"Everyone knows this is a transition year," said Rob van Overmeeren,

video editor for Wild Bob Productions and long-time Flames fan.

No matter how the season goes, van Over-

## Flames facts

- The Flames just missed the playoffs last season.
- Mikael Backlund is out for six weeks with a broken finger.
- Mark Giordano has been named assistant captain.
- Robyn Regehr left the position vacant when he was traded to Buffalo.

meeren will still stand behind his team.

"You never know, they were not expected to do well in 2004," said van Overmeeren.

The Flames lost Game 7 of the Stanley Cup final that year.

● CANDICE WARD



# Held over by popular demand

## Unlimited Data, Talk, Text and much more

/mo





Now that's smart.

**mobility.ca**

Taxes are extra. Limited time offer. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. 'Guaranteed Rate for Life' means your \$25 plan shall remain \$25 for as long as your account remains active with Mobility. All features included in each plan must originate within a Mobility Unlimited Zone. Premium and special numbers are excluded. 'Unlimited Text' refers to text messages sent to Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. ©2011 Mobility. 'Mobility', 'Now that's smart', the Mobility designs and the Mobility logo are trademarks of Mobility. Other trademarks shown may be held by their respective owners. All rights reserved.

**Guaranteed Rate for Life.**

Mobility  
Stores

Sunridge Mall  
Northland Village Mall  
Deerfoot Mall  
Pacific Place Mall  
Marlborough Mall

Westbrook Mall  
Unit 333, 329 17 Ave SW  
6219 Centre St NW  
4805 17 Ave SE  
Unit 195, 1518 Centre St NE  
Unit 101, 77 Castleridge Blvd NE

Authorized  
Dealers

Great Tel Mobility:  
Unit 101, 4908 17 Ave SE  
Dollar Store:  
Unit 5, 12 Castleridge Dr NE  
Rocky Mountain Computer Repair:  
Unit 307, 3200 Glenmore Tr SE  
Mobile Zone:  
Unit 101, 2640 52nd St NE  
Express Computer Store:  
Unit 210, 9737 MacLeod Tr SW  
Ascot Business Systems:  
Unit 104A, 3716-61 Ave SE

Rojin Bakery & Food Market Inc:  
Unit 8, 4105 4th St NW  
Sol Optix:  
628 B 17th Ave SW  
M&C Food Mart:  
1412 9th Ave SE  
Stanley Park Grocery:  
4649 MacLeod Tr SW  
Centex Petroleum: Unit 808, 19th St SE  
Hing Wah Imports: 312 Centre St SE



# TOYOTA 2011 FACTORY CLEAROUT

# CANYON CREEK 20 Years TOYOTA

OR  
CHOOSE  
UP TO

**\$9,000**

OR  
CHOOSE

**0%  
FINANCING\***

FACTORY AUTHORIZED CLEAROUT SAVINGS  
ON SELECT NEW 2011 VEHICLES

2008 FORD FOCUS **\$7,980**



#262025T 77,011 KM • SE COUPE • LOADED

2007 MAZDA 3 GT **\$15,980**



#72342P 59,200 KM • SPORT W. LEATHER!

2007 VOLVO V50 WAGON **\$16,980**



#324661T 63,000 KM • AUTO • ALLOYS NICE!

2008 TOYOTA RAV4 **\$24,888**



#139242LP 40,600 KM • LTD • ROOF • AWD

2007 TOYOTA YARIS **\$11,888**



#063807LP 84,900 KM • 4DR • A/C • PW/PL

2007 TOYOTA COROLLA **\$11,980**



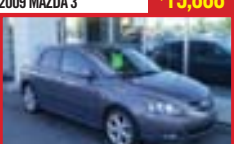
#003339LP 75,637 KM • CE • AUTO • KEYLESS

2010 TOYOTA COROLLA **\$16,888**



#300227P 43,000 KM • AUTO • A/C • CD

2009 MAZDA 3 **\$19,888**



#211654T 26,600 KM • GT • SPORT • LTHR

2007 NISSAN MURANO **\$19,980**



#52066P V6 AWD • ROOF • A/C • PW/PL

2007 CHRYSLER SEBRING **\$11,888**



#512418T 31,700 KM • TOURING • V6 • AUTO

2006 PONTIAC MONTANA **\$10,980**



#164595T 100,700 KM • SV6 • SPORT • LOADED

2002 HONDA ACCORD EX **\$9,980**



#803074T 121,000 KM • LTHR • ROOF • PW/PL

2010 TOYOTA COROLLA **\$15,888**



#197181T 43,600 KM • SPORT • ROOF • KEYLESS

2007 TOYOTA MATRIX **\$13,980**



#637228P 42,725 KM • AUTO • VERY NICE!

2008 HONDA ACCORD **\$20,888**



#808146T 50,00 KM • LOADED • 1 OWNER

2006 ACURA TSX **\$18,800**



#801078T 68,600 KM • LEATHER • SUNROOF

2007 TOYOTA YARIS **\$11,800**



#083412LP 117,500 KM • HATCH • AUTO • A/C

2007 TOYOTA CAMRY **\$18,800**



#510492LP 84,000 KM • V6 • LTHR • LOADED

2010 TOYOTA VENZA **\$28,888**



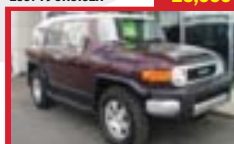
#02884T 15,200 KM • AUTO • • PW/PL/PM

2008 TOYOTA YARIS **\$13,888**



#186262T 44,500 KM • SPOILER • HOOD DEF

2007 FI CRUISER **\$20,888**



#067150P 111,000 KM • AUTO • 4WD • MP3

2008 TOYOTA TACOMA **\$26,888**



#471092LP 82,400 KM • ACCESS CAB • 6CYL

2007 TOYOTA TUNDRA **\$19,888**



#457161LP 75,000 KM • SR5 • PRO PKG • AUTO

2007 GMC ACADIA **\$28,800**



#117265T 66,700 KM • SLT • LTHR • KEYLESS

2006 JEEP LIBERTY **\$14,888**



#177317P 115,800 KM • LIMITED • ALLOYS

2010 TOYOTA PRIUS **\$24,888**



#002387P 26,000 KM • HYBRID • AUTO • ALLOYS

2009 TOYOTA COROLLA **\$16,888**



#170033T 15,000 KM • SPORT • LOADED • NICE

2009 TOYOTA VENZA **\$29,980**



#018287P 33,000 KM • ROOF • AWD

2009 NISSAN ALTIMA **\$16,980**



#127101P 70,555 KM • THR • ROOF • AUTO

2007 CAMRY LE AUTO **\$14,510**



#060951P 85,000 KM • SUNROOF • PWR SEAT

2007 TOYOTA COROLLA **\$11,980**



#795910LP 99,500 KM • SPORT • SPOILER

2004 TOYOTA SIENNA **\$15,988**



#064274T 115,500 KM • 3.5 V6 • DUAL SLIDERS

2006 SIENNA LE **\$17,980**



#508254T LOADED • ALLOYS • PWR DOORS

2006 FORD ESCAPE 4X4 **\$12,980**



#A10271T 101,300 KM • XLT • LEATHER • NICE

2007 HONDA CIVIC **\$14,988**



#103970T 62,365 KM • LX • AUTO • NICE

2007 TOYOTA COROLLA **\$12,980**



#067153LP 65,000 KM • SPORT 8 A/C • 1 OWNER

2006 NISSAN X-TRAIL **\$14,980**



#203750P SW • 4WD • ROOF • ALLOYS

2007 TOYOTA FI CRUISER **\$19,980**



#044069T 151,000 KM • 4X4 • C PKG • ALLOYS



Corner of Macleod Tr S  
and Canyon Meadows Dr SE

CANYON CREEK  
20 Years  
TOYOTA

**403-278-6066**

**WWW.CANYONCREEKTOYOTA.com**

\*PLEASE READ- ALL OFFERS OAC. 0% AND \$9,000 FACTORY REBATE OFFERS APPLY TO NEW TOYOTA MODELS ONLY. ALL PRICES EXCLUDE TAXES AND FEES. LIMITED TIME OFFERS. INVENTORY ACCURATE AT TIME OF PUBLICATION. VEHICLES MAY NOT BE EXACTLY AS DEPICTED. SEE DEALER FOR FULL DETAILS.



## BUDGET

## City assets could help deficit: Alderman

One alderman is requesting a master list of city-owned assets to determine if council can sell any buildings or land to make up for budget shortfalls.

Ald. Shane Keating said there isn't a single list of all the city's properties as it stands because each individual business unit keeps track of its own assets.

Keating argues a list

containing information like the square footage, number of city employees and value of the building would allow bureaucrats to evaluate if any assets can be sold.

"Once assets are gathered, they tend to hang on to them, and that's not just building, it's also land," said Keating. "What I'm trying to do is say, you know what, these assets need to be evaluated on a regular basis on a very strong criteria of whether or not they should be kept."

He said if buildings are not being used to their maximum capability, the city loses money on keeping those buildings maintained.

● KATIE TURNER

## Pilot had just moved

Those close to a pilot who was killed when the helicopter he was flying went down in farmer's

field say he and his family were new to Drayton Valley. The man was reportedly in his 30s. Fog may have been a factor in the crash, which occurred at about 6:30 p.m.

Wednesday. ● METRO

# Duo fuelled for the Jets

► Cousins aims to capture 'piece of history' with NHL back in Winnipeg



JEREMY NOLAS  
@METRONEWS.CA

It's all systems go for two Jets-fuelled Calgary hockey fanatics planning to film the NHL's return to Winnipeg — even if they can't find tickets to the home-opener Sunday.

"Any contest you can enter to win tickets has been entered," said a lively Marshall Stevenson, who will co-pilot a daunting Winnipeg Jets-themed road trip with his cousin Jeff starting Friday night.

Regardless, the Stevensons — who both lived in Winnipeg when the original Jets franchise left in 1996 — are planning to head off this weekend in a sedan decked out to look like a jet.

Over the next two

### For the Jets

- Officially, the Stevenson cousins have tickets to the Winnipeg Jets games in Chicago Oct. 13 and Phoenix — the city where the previous franchise headed to — Oct. 15.
- A sendoff party will be held at 6 p.m. Friday at Melrose Café and Bar.
- Proceeds from the final Jet Fuel documentary will go towards Winnipeg charity Believe in the Goal, which supports youngsters battling cancer.

weeks, they will take in two Jets games in person while trekking more than 8,000 kilometres across 13 states.

The duo will also bring along a one-man film crew to create a documentary



► Calgarian Jeff Stevenson, left, and his cousin Marshall are embarking on a treacherous road trip in honour of the new Winnipeg Jets franchise.

with the working title JET FUEL.

When asked how the new Jets would fare in their return season, both cousins

appeared a little reluctant.

"I will say one thing," Jeff said. "The Jets will definitely be better than Toronto."



Looking for  
**Low Cost Computer training?**

### COURSES OFFERED:

- **Introduction to Computers - 3 Hour - (FREE)**  
Thursday, 6:00-9:00 (Oct. 27), Saturday, 9:00-12:00 (Oct. 15)
- **Windows XP & Internet/Email**  
2 Saturdays, 9:00 am - 3:00 pm (Oct. 22 & 29)  
4 Evenings, Mondays and Wednesdays 6:00- 9:00 pm (Oct. 17, 19, 24 & 26)
- **MS Word (Foundation)**  
3 Saturdays, 9:00 am - 3:00 pm (Nov. 5, 19 & 16 or Dec. 3, 10 & 17)  
6 Evenings, Tuesdays & Wednesdays, 6:00 - 9:00 pm (Oct. 18, 20, 25, 27, Nov. 1 & 3)
- **MS Excel (Foundation)**  
3 Saturdays, 9:00 am - 3:00 pm (Oct. 22, 29 & Nov. 5)  
6 Evenings, Mondays & Wednesdays, 6:00 - 9:00 pm (Oct. 17, 19, 24, 26, 31 & Nov. 2)
- **MS Access (Foundation)**  
3 Saturdays, 9:00 am - 3:00 pm (Oct. 15, 22 & 29)  
6 Evenings, Mondays & Wednesdays 6:00-9:00 pm (Open Date)
- **MS Publisher**  
2 Saturdays, 9:00 am - 3:00 pm (Oct. 29 & Nov. 5)  
4 Evenings, Tuesdays & Wednesdays, 6:00 - 9:00 pm (Oct. 18, 20, 25 & 27)
- **MS PowerPoint**  
2 Saturdays, 9:00 am - 3:00 pm (Nov. 19 & 26)  
4 Evenings, Tuesdays & Wednesdays, 6:00 - 9:00 pm (Nov. 15, 17, 22 & 24)
- **Keyboarding - (Now using new software) for only \$90!!!**  
2 Saturdays, 9:00 am - 3:00 pm (Dec. 3 & 10)  
4 evenings, Mondays & Wednesdays, 6:00-9:00 pm (Oct. 24, 26, 31 & Nov. 2)
- **MS Office (Advanced)**  
3 Saturdays, 9:00 am - 3:00 pm (Oct. 29, Nov. 5 & 19)  
6 Evenings, Tuesdays & Thursdays 6:00-9:00 pm; (Open Date)

Calgary Catholic Immigration Society  
3rd Floor, 120 - 17th Avenue SW, Calgary AB T2S 2T2  
Direct: 403.817.6477 Main: 403.262.2006 Fax: 403.263.0976  
www.ccis-calgary.ab.ca // hoc@ccis-calgary.ab.ca

Partial funding for this program provided by Alberta  
Advanced Education and Technology through



## HAIR LOSS PROBLEM?

Find the solution to your hair loss problem today,

### BEFORE IT IS TOO LATE!

Natural Hair Regrowth With **FU YAN's** Special Treatment System & Chinese Traditional Premium Herbs. (works for Men & Women)

**Reasonable, Faster, and Better Results!**



\*These actual before and after pictures will build your confidence in the FU YAN system. We will not deceive our customers with the use of false bald model's photographs and misleading advertising.

Many Albertan's have thanked **FU YAN**

### EXCELLENT SUCCESS RATE

Some conditions apply

- No Medication • No Surgery
- No Side Effects • No Gimmicks

**FU YAN** NATURAL HAIR  
REGROWTH TREATMENT CENTRE™

Suite 201, 2705 Centre St. NW Calgary AB T2E 2V5

TEL: **230-0200** FAX: **230-0213**

Every day  
**27 Canadians**  
are diagnosed  
with a brain  
tumour.

Symptoms can  
include:

**Blurred or  
double vision**  
**Weakness**  
**Personality  
changes**  
**Morning  
nausea and  
vomiting**



braintumour  
foundation  
OF CANADA

braintumour.ca/BTAM  
1-800-265-5106



# Simpsons in a museum? Woo-hoo!



COURTESY GLENBOW MUSEUM

► A collection at Glenbow Museum from exhibit Watch Me Move: The Animation Show, which starts this Saturday.

► Watch Me Move runs until Dec. 24 ► Admission for adults is \$14

**CANDICE WARD**  
CALGARY@METRONEWS.CA

South Park as art. Who knew?

The Glenbow Museum will be kicking off Watch Me Move: The Animation Show, starting Saturday, the most extensive animation exhibit ever created.

"We are thrilled to

bring this once in a lifetime animation experience to Calgary," said Kirstin Evenden, president and CEO of Glenbow Museum.

"Animation is an art form that helps us to make sense of the world we live in, by creating characters we can identify with and stories that resonate with our own individual and societal values,

goals and aspirations."

The exhibit will transform nearly two full floors of the museum, offering a number of different viewing experiences, exploring the relationship between art and animation.

Exhibition-goers will recognize many characters when they go to check out the exhibit.

From South Park to the

Flintstones and the Simpsons — even some slightly more obscure animation.

"It is a combination of pop culture and visual arts, it is a great show," says Megan Bailey, spokesperson for the Glenbow Museum.



For more information visit  
[www.metronews.ca/calgary](http://www.metronews.ca/calgary)

## What does a-multi-room-HDPVR-plus-the-fastest\*-broadband-Internet-speed-in-North-America mean to you?

Only Shaw has everyday prices that give you so much for so little.

**\$98.90** | per month<sup>†</sup> | Gateway + 2 portals | Broadband 50 Internet | Personal TV

Call 1.866.865.8810 or visit [SHAW.CA/GATEWAYOFFER](http://SHAW.CA/GATEWAYOFFER)



Record 6 HD programs  
and playback 3

## What does **SHAW** mean to you?

Up to 250 Mbps Downloads

\* Broadband 50 Mbps, 100 Mbps and 250 Mbps services are delivered by a network utilizing the latest DOCSIS 3.0 modems, latest IP Backbone routers with 100 Gigabit DWDM and 100 Gigabit IP links, and the most DOCSIS DS RF Channels of any service provider in North America. Availability of Broadband 50 Mbps, 100 Mbps, and 250 Mbps service may vary by region, modem equipment, or residential wiring. † Gbps speed available in select neighbourhoods where technology permits. Internet speeds are based on optimal conditions. † Shaw Gateway is included through the Shaw Easy Own hardware purchase program. You will obtain ownership of the purchased hardware immediately with the understanding you are required to pay Shaw for the hardware in 36 pre-authorized monthly installments. You also agree any outstanding balance on the purchased hardware is due in full and immediately payable to Shaw if your services are terminated. Additional terms and conditions will apply. Offer availability and speed may vary by market. By subscribing to one of Shaw's Broadband Internet packages, you opt in to the Bump-Up Program as described under New Broadband Plans at [www.shaw.ca/Internet](http://www.shaw.ca/Internet). Offer subject to change and is available on approved credit. Prices shown do not include tax. Not all Shaw services are available in all regions. Channel and programming availability may vary by market. Equipment not purchased by you must be returned to Shaw if any of your services are cancelled. Shaw services are subject to our Terms of use located at <http://www.shaw.ca>. Other terms and conditions may apply.

# Caffeine capped in energy drinks

- Feds announce new rules for drink makers
- Changes include limits on caffeine levels, labelling

The federal government will impose limits on the amount of caffeine that energy drinks may legally contain, Health Minister Leona Aglukkaq said Thursday, but won't restrict where they may be sold.

Ottawa also plans to require manufacturers to provide consumers with more information about high-caffeine beverages, Aglukkaq said.

Her announcement stopped short of recommendations by the Expert Panel on Caffeinated Drinks convened by Health Canada. It had called for energy drinks to be sold over the counter in pharmacies, like painkillers and other medications.

"I believe today's

changes will be especially helpful to the parents of teenagers who regularly consume energy drinks," Aglukkaq said.

Until now, energy drinks — like Red Bull, Monster Energy and Rock Star — were not required to display a nutritional facts table.

The change means that most energy drinks will be classified as a food, which means nutritional facts must be displayed on every can.

They had previously been classified as natural health products.

The government anticipates the transition in labelling will take between 18 and 24 months.

The change brings Cana-

dian labelling in line with the United States and European countries.

Aglukkaq made her announcement on the energy drink plan at the University of Ottawa sports complex.

"As a parent, I need to have access to as much information as possible, to help us as a family make decisions when it comes to what we eat and drink," Aglukkaq said.

She said the changes are aimed at making it easier for parents to monitor their children's caffeine intake.

"One of the best things about Canada is that we have choices," Chris Alexander, member of Parliament for Ajax-Pickering said Thursday in a prepared statement. **THE CANADIAN PRESS**

## Marching. On



► A girl has a paper that reads "Don't touch me" pinned to her outfit in Bucharest on Thursday during the Romanian version of the SlutWalk march.

VADIM GHIRDA/THE ASSOCIATED PRESS

## Making a statement

The SlutWalk, a protest against harassment of women initiated by the outfits they wear or their behaviour in public, was the first of its kind in Romania, a country where it is still quite widely believed that sexual-aggression victims bear at least some responsibility for being targeted.

## Budget officer blasts Ottawa's crime bill cost estimate

Parliament's independent, non-partisan budget officer is accusing the federal government of "total obfuscation" on the cost of new criminal justice changes to provincial budgets.

Kevin Page says a two-page summary released by Conservative Public Safety Minister Vic Toews doesn't serve the needs of parliamentarians or the Canadian public. The government estimate of the cost includes no methodology, no supporting information and no provincial costs, he says.

**THE CANADIAN PRESS**

## \$2.7B

The Conservatives say their massive new omnibus crime bill, which includes nine separate pieces of legislation, will cost \$2.7 billion over five years.

# Quebec congregation to pay sexual-abuse victims \$18M

A major Roman Catholic organization has agreed to pay up to \$18 million in a historic compensation agreement for sexual abuse committed over several decades in Quebec.

The Congregation of Holy Cross has said it will issue an apology and financial compensation for abuses at three different institutions between 1950 and 2001.

The assaults occurred over that entire period at College Notre-Dame in Montreal, and over shorter periods at two other institutions.

The announcement

comes after a mediation process launched last December by the congregation and by representatives for the victims.

They had been preparing a class-action lawsuit against the congregation.

Details of the settlement stipulate that victims are eligible for compensation whether they were abused by a clergy member, or by a secular employee of the congregation.

"I am truly pained by these transgressions and apologize, on behalf of the Congregation of Holy Cross, for all of the pain and suffering this abuse has inflicted



► Victim Sebastien Richard, vice-president of the victims' committee.

PAUL CHIASSON/THE CANADIAN PRESS

ed on the victims," said Jean-Pierre Aumont, the Canadian provincial superior of the congregation.

"Damage was done, and we have taken measures to repair them. We hope that the victims will finally be able to throw off the veil of silence, heal from their wounds as best as possible and fully embrace their future."

The compensation will be funded entirely by the Congregation of Holy Cross, as will the costs of the legal representation of the colleges involved in the class action.

Compensation will be

**85** At least 85 people are thought to be available for compensation ranging from \$10,000 to \$250,000.

paid to victims and their parents after the claims have been processed.

Implementation of the settlement will be the responsibility of the independent adjudicator.

The adjudicator will be responsible for determining the soundness of claims and the individual dollar amounts to be paid, based on the schedules established in the settlement.

**THE CANADIAN PRESS**

**Adventure!**  
Teach English Overseas

- TESOL Certified in 5 Days
- In-Class or Online
- No Degree Required!

**1.888.270.2941**  
Job Guaranteed!  
Next in-class course: October 12<sup>th</sup> - 16<sup>th</sup>  
Next Seminar: Oct 25<sup>th</sup> @ 7pm  
Travelodge University Hotel  
[www.globaltetesol.com](http://www.globaltetesol.com)

**GLOBAL TESOL COLLEGE**  
Real English Worldwide

## EVOLUTION · GOD · INTELLIGENT DESIGN

### What do YOU think?

Come and listen to the Raelian's point of view. How these different theories of Evolution and God originated. How science is allowing us to see a path of incredible intelligence and love integrated within the creation of all life.

Memorial Park Library, 1221 2nd St SW, Saturday, Oct. 8<sup>th</sup> at 2:00 pm  
Call or text David at 604.720.2516

THE ENCLAVE CASTLE KEEP

**NEW WESTSIDE TOWNHOMES.**

[homesbyavi.com/theEnclave](http://homesbyavi.com/theEnclave)





## Life in Mosaic Lakeside feels like one long vacation.

Life in Mosaic Lakeside is all about skating with friends during serene winter nights, action packed beach days all summer long and maybe a little shopping in between.

Townhomes starting from the low \$200's. For details visit [MosaicLakeside.com](http://MosaicLakeside.com)

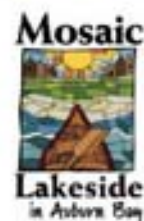
**Five New Showhomes Opening October 15th.**

- Seven floorplans ranging from 720 to 1450 square feet
- 1, 2 and 3 bedroom options
- Double attached garages
- Quick possessions available
- Minutes from the future Seton Urban District
- Across the street from new South Health Campus

Prices include lot and GST. Prices are subject to change.



Hours: mon to thurs 2-8 pm, fri to sun & holidays 12-5 pm t. 403.698.6500 f. 403.698.6502





## On the street

Did Steve Jobs change your life?



### Shelby Kozub

31, WINNIPEG

"The iPod changed how we thought about music. He was a huge influence on everyone."



### Raynor Ebanks

28, TRADER, NEW JERSEY

"I'd go to Best Buy to get CDs, and now I go to iTunes. It's now changed media for me."



### Wesley Koetje

21, SHOP ASSISTANT, AMSTERDAM

"No, I just have an iPod. Apple is a good brand, but if Jobs hadn't developed it, someone else would."



### Carol Orbant

45, HOUSEWIFE, LONDON

"He changed our way of life. He changed the way we interact, with products like the iPad."



▶ A woman walks past a memorial for Apple co-founder and former CEO Steve Jobs as she enters an Apple Store Thursday in Montreal. Jobs died Wednesday at the age of 56.

## Columbia College

Do you want to increase your income potential? Do you want to enter a respected occupation or profession? Do you want to Engage in more meaningful work? We can help you reach your goals.

### Do These Careers Interest You?

Accounting Personnel, Health Care Aide, Education Assistant, Probation Officer, Marketing Professional, Dental Assistant, Practical Nurse, Immigrant Aid Worker, Border Services Officer, Dental Sales Representative, Purchasing Agent, Social Work Assistant, Corrections Officer, Sales Representative, Dental Hygiene Coordinator, Loss Prevention Officer, Security Guard, Rehabilitation Worker, Police Officer, Business Owner, Animal & By-Law Services Officer, Office Manager, EMT, Supports for Community Living Worker, Dental Specialty Representative, Alarm Responder, Human Resources Professional plus many more...



High School Diplomas are not required to enter a program at Columbia College.

FREE English, math and science upgrading courses may be provided to a student if needed.

Some programs provide the first two years of University education completed in half the time.

Other programs: LINC (funded by Citizenship and Immigration Canada), Academic Upgrading and ESL

Phone: (403) 235-9300  
www.columbia.ab.ca/m

802 Manning Road NE  
Calgary, AB T2E 7N8



THE ENCLAVE  
AT CASTLE KEEP



CONTEMPORARY.  
STYLISH. AFFORDABLE.  
NEW WESTSIDE TOWNHOMES.

1170-1450 square foot two & three  
bedroom townhomes with two car attached  
garages in Aspen Hills. VIP registrations at  
[homesbyavi.com/theEnclave](http://homesbyavi.com/theEnclave)

FROM  
THE  
LOW **\$300s**

[homesbyavi.com/theEnclave](http://homesbyavi.com/theEnclave)



Prices subject to change without notice. ©2011



PAUL CHIASSON/THE CANADIAN PRESS

# Jobs' vision hailed by Canadian tech industry

► Apple co-founder's work made current app boom possible, Canadian companies say ► Memorials pop up outside Apple stores across the country

Canada's app developers, who have made everything from games to cooking to sports applications for the iPhone and iPad, recalled on Thursday how Apple founder Steve Jobs gave them a livelihood and a purpose.

"At its core, there wouldn't be anything that we're doing without the App Store, without the iPhone, without Steve," Kerry Morrison, CEO of Vancouver-based app developer EndLoop, said yesterday.

"Every single person in here — their livelihood, the homes that they've bought, the cars that they drive — everything has been paid for by what he

has done," Morrison said of EndLoop and sister company Massive Damage, which employ 14 people.

Jobs, 56, died Wednesday after a battle with cancer.

Condolences poured in from across the country, from users of the popular iPhone, iPod and iPad products, to the executives of Canadian companies who have either struggled to compete with Apple's cutting-edge products or benefited from their popularity.

"Steve Jobs was a great visionary and a respected competitor," Mike Lazaridis and Jim Balsillie, co-CEOs of rival Research In Motion, said in a statement.

**"Steve's passion for simplicity and elegance leaves a legacy that will endure."**

STEPHEN ELOP, NOKIA CEO

RIM, developer of the BlackBerry smartphone, has arguably suffered the most from the rise of the iPhone, but also helped build an audience for the phone technology that Apple cultivated further.

Nokia chief executive Stephen Elop, a graduate of McMaster University in Hamilton, reacted on his Twitter account.

"Steve's passion for simplicity and elegance leaves

a legacy that will endure," said Elop, who was born in Ancaster, Ont.

Nokia Corp., once the world's dominant cell-phone maker, has been overtaken by its chief rival Apple, whose iPhones sold more than all Nokia smartphone models during the second quarter.

For Morrison, Apple's App Store has given developers a tool for worldwide access to consumers.

"Being able to sell locally is great. Being able to sell nationally is even better. But to sell globally, that's what makes everything possible." **THE CANADIAN PRESS**

More coverage {page 22}

## Tweets



Twitter reaction to the death of Steve Jobs:

- @jianghomeshi: RIP Steve Jobs. The world has lost a visionary and true innovator. Your legacy is profound.
- @Proteautype: What John Lennon & Kurt Cobain were to music & Cezanne & Picasso were to painting, Steve Jobs was to computers. RIP to a true genius.
- @natlauzon: RIP #Steve Jobs. Just too big a loss for 140 characters.
- @evansolomoncbc: Conversation on run with friends this morning on Steve Jobs. The role 1 person can play in changing world vs what might have happened anyway.
- @Victor\_Lucas: Steve Jobs was a futurist. I'm looking forward to enjoying products that he and his colleagues dreamed up together for years to come.

## CREDIT CONQUEST STORY CONTEST

SEPTEMBER 16 TO OCTOBER 21

*The empowering freedom you get after making it through a wicked desert storm – that's what I got when I conquered my financial challenges.*

**YOU COULD WIN A \$5,000 GRAND PRIZE!**

It's easy. In 300 words or less, simply share your inspiring or compelling story about how you conquered your credit issues and how it changed your life. You could win \$1,000, \$2,000 or \$5,000!

**Go to [crediteducationweekcanada.com](http://crediteducationweekcanada.com) for contest rules and regulations and more details.**

No purchase necessary. Entry period is from 12:01 a.m. ET September 16, 2011, to 11:50 p.m. ET October 21, 2011. Entries will be judged according to several criteria. The contest is open to Canadian residents, excluding residents of Quebec, who have reached the age of majority in his/her province or territory of residence.



Credit Education Week CANADA



Credit Canada  
Debt is manageable

PROUD SPONSOR



# Riot police storm Santiago streets

► Chilean student protesters' demands for education reform met with tear gas, truncheons

Police in Santiago used water cannons and tear gas to break up a student march for free public education on Thursday, hours after protesters' talks with the Chilean government collapsed.

A huge deployment of riot police surrounded demonstrators in downtown Santiago, where student leader Camila Vallejo tried to lead the march while holding a sign saying "United and Stronger," only to be pummelled by water cannons and forced to retreat by tear gas.

Protesters hurled rocks at police and set blockades ablaze in the streets as officers on horseback chased students onto nearby cam-

## Chilean spring

► Thursday's march was the 37th weekly protest since April, when students began rallying against Chile's largely privatized education system.

► Students are demanding more spending and higher taxes on the wealthy to fund free public education.

► Polls show 89 per cent of Chileans support the students' call for reform.

puses.

Students occupied the Alameda, one of Santiago's main avenues, by dancing in large numbers, but were blasted with water. Small groups managed to elude

officers and approach the presidential palace before being beaten back.

Vallejo said officers shot tear gas into their student offices in "a direct attack against our organization." He called the police crackdown unprecedented.

President Sebastian Pinera is planning to criminalize the protests, proposing penalties of up to three years in prison for participating. He also wants to enable police to demand images taken by photographers and camera crews without a judicial warrant.

Reporters Without Borders condemned the proposal as an attack on freedom of expression.

THE ASSOCIATED PRESS



► Chilean police use a water cannon against student demonstrators in Santiago on Thursday. The crackdown came as thousands of students tried to gather in an unauthorized march for free public education hours after talks with the government broke down. President Sebastian Pinera, who has said that "nothing in life is free," has refused to cede any ground.

marlboroughmall.com

Join The Club!

Register for the Marlborough Mall Little Bugs Club and join in on the Fun for Children 12 & Under

prizes · special events · e-newsletters

www.littlebugsclub.com

Visit us at the corner of Memorial Drive & 36th street NE ~ (403)272-9233

*Where Families Grow*

Come and See Why Life is Better on the Ridge

From innovative starter homes to walkout executive estates, the Northwest community of EvansRidge offers several unique home styles from eight premier builders. A wide choice of schools, from elementary through to high school is nearby and convenient. Parks and playgrounds provide hours of family enjoyment. You will find shopping centres within a short drive and easy access to the entire city. Put down roots with your family in a neighbourhood that offers the perfect balance between the invigorating energy of the city and the tranquility of nature right at your back door.

homes from the low **\$300's**

lifeontheridge.ca

DUNDEE DEVELOPMENTS

403.245.3515



LUIS HIDALGO/THE ASSOCIATED PRESS



ROBERTO CANDIA/THE ASSOCIATED PRESS

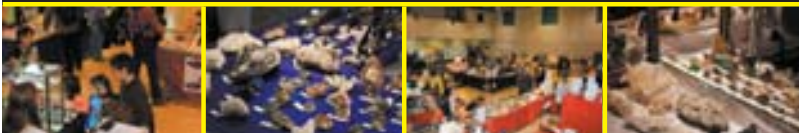
► A student sprays water at a baton-wielding riot-police officer in downtown Santiago.

LUIS HIDALGO/THE ASSOCIATED PRESS



► A demonstrator argues with riot police. The movement for education reform has swelled to include teachers, parents, union members and centre-left politicians.

## 2<sup>nd</sup> ANNUAL



## Gem, Mineral and Fossil Show in Calgary downtown.

30 exhibitors showcase and sale collection minerals and fossils, gemstones, handmade jewellery, beads, carvings and more.

Demonstrations and lectures, door prizes and gifts for kids.  
Gold panning and geodes cracking.



Visit [www.CalgaryGemShow.com](http://www.CalgaryGemShow.com)



## Long Distance Lowest Rate GUARANTEED

On your home or mobile phone

From 3.9¢/min	From 5.9¢/min	7.9¢/min	1.9¢/min	7.9¢/min
Bangladesh	Iran	Lebanon	Romania	Ukraine
Australia 1.9¢/min	Israel 1.9¢/min	South Korea 2.9¢/min		
Bosnia 13.9¢/min	Italy 1.9¢/min	Sri Lanka 9.9¢/min		
China 1.9¢/min	Lebanon 7.9¢/min	Trinidad 4.9¢/min		
Colombia From 3.9¢/min	Mexico From 1.9¢/min	U.A.E. 14.9¢/min		
Cuba 89.9¢/min	Pakistan 5.9¢/min	U.K. 2.9¢/min		
El Salvador 9.9¢/min	Philippines 11.9¢/min	Vietnam 4.9¢/min		
Germany 1.9¢/min	Poland 1.9¢/min			
India 2.9¢/min	Russia From 1.9¢/min	Serbia 7.9¢/min		

## Our Lifetime Rate Guarantee

- ✓ No matter what country you call
- ✓ No matter what rate you see advertised from any other competitor....

**We'll Beat It!**

**Unlimited Canada \$5 /month**



- ✓ Unlimited calling to anywhere in Canada
- ✓ Available on your home or cell phone

**1 Cent to India 1 ¢ / min**



- ✓ Calling India at only 1¢ per minute
- ✓ Available on your home or cell phone
- ✓ \*10-1000-1¢

[www.comwave.ca](http://www.comwave.ca)

**403-451-5801**

While Comwave delivers the accuracy of our advertising, Comwave reserves the right to correct any errors in pricing or information at any time. LONG DISTANCE: Lifetime Rate Guarantee is based on competition lowest advertised rate for the service. Comwave will not overmatch against charity or Internet services. Bundled monthly plans or prepaid calling cards that further restrict calling criteria. Bundled monthly plans cannot be offered by more than one line. Unused minutes from one month do not carry over to the next month. Service minutes will be billed at our lowest rate guaranteed. Calls to Comwave Mobile Phones may be billed at a higher rate. Terms and conditions apply. See [www.comwave.ca](http://www.comwave.ca) for details.



## PLANT WORKERS INJURED

**Explosion rocks refinery in Regina**

Ten workers were injured Thursday when a pipe leaking diesel fuel and hydrogen gas caught fire at a crude oil refinery in Regina and sent an explosion tearing through part

of the plant.

The fire at the Consumers' Co-operative Refineries facility on the north edge of Regina began shortly after 2 p.m.

Eight of the injured were taken to hospital with burns, although safety manager Gilbert Ledressay couldn't say how badly they were hurt. Two workers were treated on the site.

Officials are trying to determine how the blaze started. **THE CANADIAN PRESS**

**Cast-offs attacking fellow Amish: Sheriff**

A group of religious castoffs has been attacking fellow Amish, cutting off their hair and beards in an apparent feud over spiritual differences in the deeply traditional community, a sheriff in eastern Ohio said Thursday.

Members of a group of families disavowed by mainstream Amish have

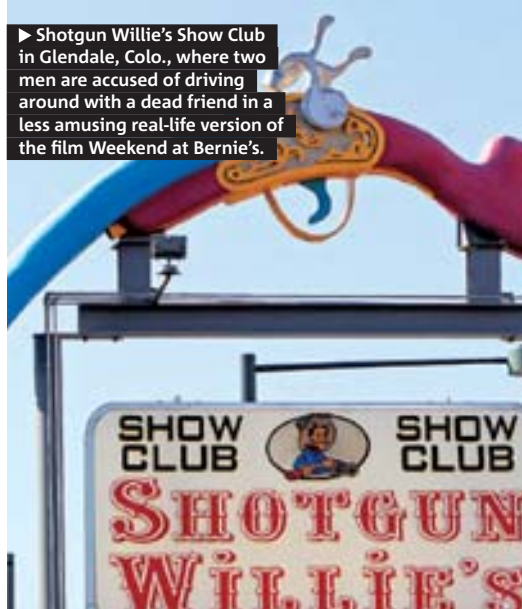
cut the beards off men and the hair off a half-dozen or more men and women over the past three weeks, Jefferson County Sheriff Fred Abdalla said. He said the cutting apparently was meant to be degrading.

No charges have been filed, but several victims suffered minor injuries, he said. **THE ASSOCIATED PRESS**

**No Weekend at Shotgun Willie's, says accused**

ED ANDRIESKI/THE ASSOCIATED PRESS

► Shotgun Willie's Show Club in Glendale, Colo., where two men are accused of driving around with a dead friend in a less amusing real-life version of the film *Weekend at Bernie's*.

**Men allegedly hit the town on dead buddy's dime, leaving his body in car**

A man accused of driving around Denver with a dead friend in the back of a car and running up a bar tab on the friend's account says he thought the man was drunk, not deceased.

Robert Young, 43, faces charges including abusing a corpse. He spoke before a court hearing Thursday in Denver.

Investigators allege Young and Mark Robinson, 25, drove around with the body of their 43-year-old friend Jeffrey Jarrett in their car in August.

According to police reports, the night on the town started when Young went to Jarrett's home and found him unresponsive.

**"In my mind, I wanted to believe he was passed out. I didn't want to call 911 ... I didn't want to believe he was dead."**

**ACCUSED ROBERT YOUNG**

But rather than call the authorities, police say, Young went to find Robinson. The duo returned to Jarrett's home and put him into Robinson's SUV and headed to a bar where they spent more than an hour drinking, leaving Jarrett's body in the vehicle, according to police records.

**THE ASSOCIATED PRESS**

**Waiting for John**

To learn more about this and other United Way stories please download a free QR Code Reader from your smartphone app store

**United Way**  
Calgary and Area

Go to [calgaryunitedway.org](http://calgaryunitedway.org) to learn more

**THE ENCLAVE**  
AT CASTLE KEEP

**CONTEMPORARY. STYLISH. AFFORDABLE.**  
NEW WESTSIDE TOWNHOMES.

1170-1450 square foot two & three bedroom townhomes with two car attached garages in Aspen Hills. VIP registrations at [homesbyavi.com/theEnclave](http://homesbyavi.com/theEnclave)

FROM THE LOW **\$300s**

[homesbyavi.com/theEnclave](http://homesbyavi.com/theEnclave)

**AVI Urban**

Prices subject to change without notice. ©2011



# I spy, you spy online norm for teens: Poll

► 'It's never private,' Internet Keep Safe Coalition president says

More young people these days say they've had their Internet accounts hacked or spied on. Many also say they know who did it and don't seem too bothered.

An Associated Press-MTV poll finds three in 10 teens and young adults have had people log on to

their Facebook, Twitter, MySpace or other Internet accounts and either impersonate or spy on them. That's nearly double the level seen in 2009.

The poll found solid majorities saying they knew who was behind it: 72 per cent for spying, 65

per cent for hacking.

Richard Lindenfelzer, 20, says it happened to him, but it was more innocent and playful than anything else.

He has walked away and left his laptop logged into Facebook at times and a roommate has

seized the opportunity to fiddle with Lindenfelzer's page, writing silly things about love interests or potty humour.

"It's meant to be funny," said Lindenfelzer, a junior at Ithaca College in New York.

THE ASSOCIATED PRESS

Wall. Street



► Eric Hendrickson wears a mask and goggles as he joins a gathering in Trenton, N.J., on Thursday as part of the "Occupy Wall Street" movement that started last month.

MEL EVANS/THE ASSOCIATED PRESS

## Fighting toxic economics



RBC Royal Bank®

## Get instant results with our Rate Loss Program.

Switch to an RBC Homeline Plan® credit line and pay only prime + ½% vs. prime + 1% at your bank.

Join the thousands who have lost rate and saved thousands of dollars.

Introducing the RBC Rate Loss Program: a fast and easy way to go from paying 4% (prime + 1%) at your bank to 3.5% (prime + ½%) by switching to an RBC Homeline Plan® credit line. You could save as much as \$5,000 in interest payments\* and worry less, sleep more and feel better. **And we'll even cover your switching costs\*.** So get with the program – and lose the rate you've been carrying today.

Visit any of our convenient branches or speak with your local RBC Royal Bank® mortgage specialist today. 1-866-864-0420

Advice you can bank on™

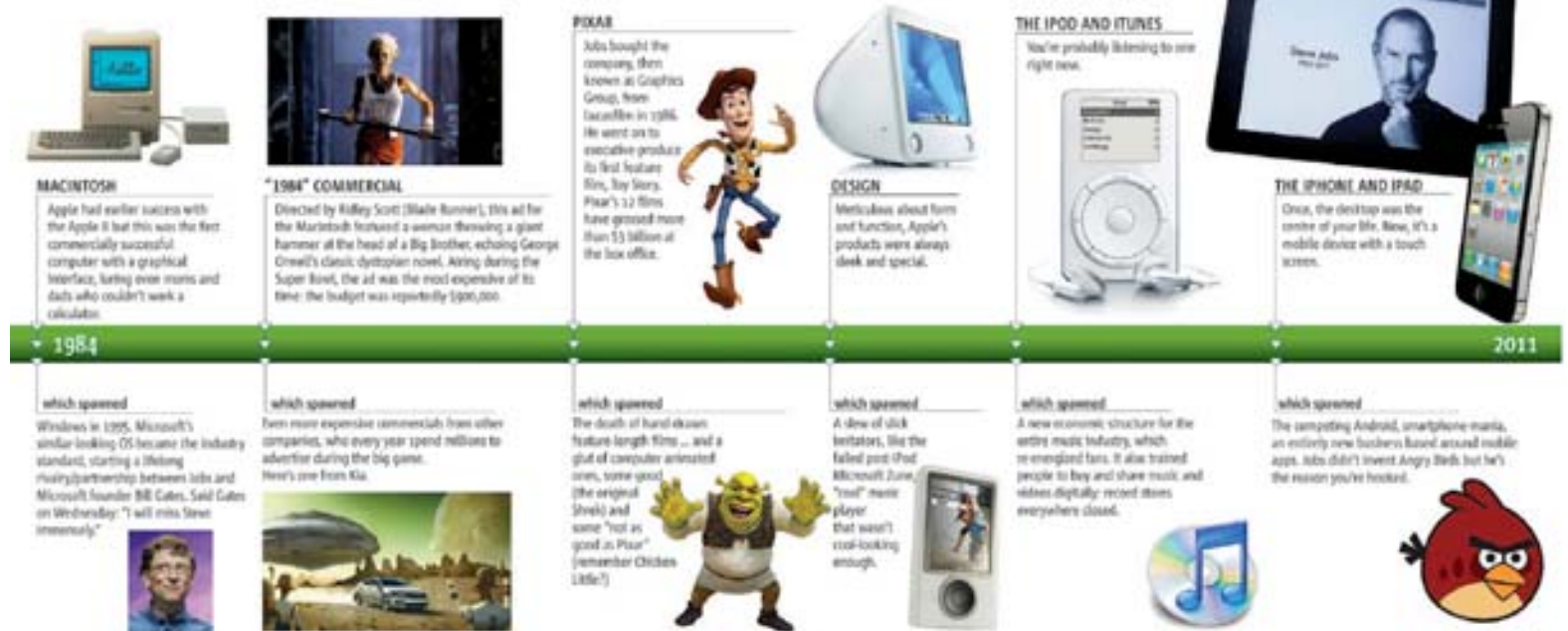


TM

\*We will pay the basic title insurance fee (not including migration fee), appraisals/property valuation fee and one discharge/switch out fee at another financial institution (up to \$300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance \$50,000. †Savings based on \$100,000 secured line of credit with interest being paid over 10 years comparing a 3.5% annual interest rate to a 4.0% annual interest rate. The interest rate will fluctuate with the Prime rate and is subject to change at any time without notice. Rate is effective as of September 20, 2011. Personal lending products and residential mortgages are provided by Royal Bank of Canada and are subject to its standard lending criteria. © / TM Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

# HOW JOBS CHANGED YOUR WORLD

TEXT: MICHAEL FREDSON; GRAPHIC: NINA KOBAR



## JOBS AT HEART OF APPLE

**Tech columnist Dan Gillmor has covered Apple for two decades.**

**What would Apple be had Jobs not returned?**  
Nowhere near where it is now. Apple's success would not have happened without Steve Jobs.

**Describe his leadership:**  
He was charismatic and built a brilliant team, and he had the ability to persuade others about the power of things. He also had an incredibly instinct for design, and in-

stinctively knew what people would like ....

**How does Bill Gates compare to Steve Jobs?**  
Microsoft makes good products, but nobody would argue that Windows and Microsoft Office have the elegance that Apple products do.

**Where does Apple go now?**  
They have momentum that will carry them a long way, but the company will have to change. The big question, of course, is how it will change.

● METRO WORLD NEWS

## Jobs a genius at spotting talent, pals say

► The world has lost an amazing human being: New Apple CEO Tim Cook



**ELISABETH BRAW**

NEWS@METRONWS.CA

METRO WORLD NEWS IN LONDON, U.K.

Steve Jobs, born in California 56 years ago to a young cash-strapped couple, achieved the kind of world domination that eluded the Soviet Union.

Not everyone could afford Jobs's sleek products, but most knew about them.

Apple's initial goal was quite modest. "We didn't

think that computers would play be able to play sophisticated games, play songs or do video editing, or even that the Internet would exist," said Steve Wozniak, who co-founded Apple with Jobs.

"We thought people would use computers at home for very simple things, like organizing their recipe collection."

However, Jobs raised the bar. At age 27, he recruited PepsiCo exec John Sculley

as Apple's CEO with the question, "Do you want to spend the rest of your life selling sugared water, or do you want a chance to change the world?"

"Like one's best teachers, Steve set the bar high and moved it even higher," says Dean Hovey, founder of design firm IDEO, which created the groundbreaking Apple mouse.

Jobs got the idea for the mouse at Xerox's Palo Alto Research Center (PARC) in

Silicon Valley. "He was a genius in how he spotted ideas and talent," says Hovey.

"He got fanatical about it. PARC inspired him with a lot of stuff, but it doesn't mean that they had a product that everyone could use. And his appreciation for aesthetics increased over time."

"Apple has lost a visionary and creative genius," wrote Apple CEO Tim Cook in an email to the staff.

## Alberta Security Training Academy



### Security Guard Training

Licensed by the Solicitor General & Ministry of Public Security

- Alberta Basic Security Training
- PPCT • First Aid/CPR
- Private Investigation Course

Now booking for evening courses



**PLEASE CALL 403-453-1186**

**www.albertasecuritytrainingacademy.ca**

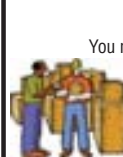
**info@albertasecuritytrainingacademy.ca**

## ARE YOU LOOKING FOR A JOB?



**SEARS WAREHOUSE - AT 25 DUFFERIN PLACE SE IS CURRENTLY ACCEPTING APPLICATIONS FOR THE FOLLOWING PART TIME POSITIONS**

- Fork Lift Operators • Material Handlers • Maintenance Personnel • Loss Prevention Associates
- Come and join our team at the Sears Warehouse. You will find the culture and work environment a refreshing change from what you are used to.



WALK IN INTERVIEWS ARE WELCOME MONDAY TO FRIDAY 9:00 am- 3:00pm  
You may also fax your resume to 403 203-3110, drop off your resume - we are open 24/7  
or email your resume to cjobs@sears.ca.

Start rate for various positions \$13.00-\$14.00-\$14.75  
Applicants must be motivated team players and able to lift up to 50 - 60 lbs



No previous experience required/Training is provided. On site gym. Calgary Transit available.  
Excellent Staff Discount.

*A Great Place to Work!*

Sears offers all our associates training, competitive benefits and compensation plan which includes an associate discount.



► Thomson Reuters Chairman David Thomson speaks during the company's Annual Meeting of Shareholders in Toronto in May.



# Canada's richest down billions

► Lululemon Athletica founder Chip Wilson worth an estimated \$2.85B

For once it wasn't a case of the rich getting richer.

According to the latest edition of Canadian Business magazine, many of Canada's wealthiest have actually seen their fortunes shrink in the past year.

But none of the leading names on the Top 100 list is exactly claiming poverty either, including Toronto's Thomson family whose wealth shrank an estimated 8.7 per cent from 2010. Canadian Business esti-

mates the Thomson family fortune currently stands at \$21.34 billion, down more than \$2 billion from last year.

Also a little worse off this year is No. 2 on the list, supermarket magnate

Galen Weston with an estimated worth of \$8 billion, down 5.8 per cent, and the Rogers family of cable TV and cellphone fame. It's fortune that was down 1.3 per cent at \$5.94 billion.

THE CANADIAN PRESS

## Power loss affects service in Far North

Many Canadians, especially those in remote areas of the Far North, lost all communications Thursday after Telesat's powerful Anik F2 satellite suddenly ceased operating.

The disruption affected services for customers including Shaw Direct TV, government agencies and The Canadian Press.

Other companies that use C-band, Ku-band and Ka-band services, primari-





ly used for Wi-Fi, telecommunication and broadcast services, were also affected.

Remote northern areas were the most affected, with 10 of 33 communities served by NorthwTel seeing disruptions.

First Air airline cancelled 48 flights, stranding about 1,000 passengers just before the Thanksgiving weekend.

THE CANADIAN PRESS

### Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
			
+ 322.85 (11,780.07)	+ 0.22¢ (96.36¢ US)	+ \$2.91 US (\$82.59 US)	\$2.9 (- 3.54¢)  Gold \$1,653.20 (+ \$11.60)

PRICES AS OF 3:30 PM EST/EDT

## Building permits sluggish

The value of building permits issued in August slipped for the second month, due to worries about weak economic recovery.

The 10.4 per cent drop from July brought the value to \$5.9 billion as permits for offices, factories, schools and hospitals fell. THE CANADIAN PRESS



www.featurewalters.com

Progressive Toronto-based ultra-custom architectural design/build firm is looking for Production Worker.

Helpers wanted for site installation work in Calgary. Two month initial project with six month's work immediately following at same site for right candidates. Must supply own PPE and transportation.

Please send resumes to careers@featurewalters.com

If you have submitted a resume in the past please consider re-submitting. No calls or faxes please.



SCM is a 3rd party distribution company specializing warehousing and distribution services for our client. We are currently looking for a full time Site Administrator to join our office team at our perishable distribution centre located in Balzac, AB – just a few minutes east of Cross Iron Mills.

Our Values: Our Health & Safety, Our Customer, Our Team, Our Company, Our Planet

## SITE ADMINISTRATOR

### Position Responsibilities:

- Administrative support to the SCM Management Team, including the General Manager • Responsible for managing and issuing purchase orders • Responsible for training when required on purchase order system • New vendor set up
- Accounts payable and receivable processing and follow up • Update SharePoint system on regular basis • Complete daily start up agenda • Type correspondence, complex reports, KPI reporting, and presentations • Prepare expense reports
- Schedule and coordinate meetings; attend to associated details, such as catering requests • Responsible for event planning (sustainability week, BBQ's, off-site events) and coordination of facility tours • Required representation on the Sustainability, Social Club and Health and Safety committees • Coordinate all departmental travel arrangements • Maintain filing systems
- Orders departmental office supplies and maintain inventory • Sustainability initiatives on a daily basis, log all sustainability requests and suggestions • Manage confidential/sensitive material and information with good judgment, discretion and tact
- Coordinate all departmental mail, courier, and faxing • Other duties as assigned

### Skills & Abilities:

- Excellent communication, organizational and problem solving skills • General Accounting knowledge • Proficient in Word, Excel, PowerPoint and Database • Ability to multi-task, and prioritize in a fast paced environment • Strong Customer Service skills
- Detail oriented and highly organized • Ability to prioritize and work under pressure • Strong teamwork ethics and customer service

### Education & Experience:

- Post secondary education or 2 – 4 years of equivalent experience in related field

### Sustainability

- We make decisions that sustain the planet • We are socially responsible and work with like-minded organizations
- We have a positive impact on our community • We are committed to being a great place to work

### Compensation

- Salary will be negotiated based on experience and qualifications.
- We offer a full benefits package including health, dental, life insurance, a company matched pension plan and more!

### How to apply

Apply by email: jobsbalzac@scm-canada.com

### Apply in person:

261039 Wagon Wheel Cres. Rockyview, AB T4A 0E2

# AGAINST MY BETTER JUDGEMENT

## THE METRO LIST

MIKE BENHAIM  
METRO



**1 Ice dreams:** The beginning of the NHL season is a wonderful optimistic time. Just yesterday someone in Toronto said "The Leafs are going all the way!"

The fact that he was drunk at 11 a.m. and seemingly hadn't showered since last season did not diminish his enthusiasm. Here's to bringing the cup back to Canada!

**2 Yeah, baby!** Congratulations to Mike Myers and wife Kelly Tisdale on the birth of their baby boy last week. They named him Spike Myers. Once again, comedians never know where to draw the line. Good luck in pre-school, Spike.

**3 What the Hell:** Avril Lavigne played to a sparse crowd at Rogers Arena in Vancouver this week, but no biggie for such a poised professional. Now an introspective divorcee with her own line of clothing and fragrance, she delighted parents whose kids would bear witness to Avril's patriotic cheers. "It's pretty badass to be back in Canada. We're going to need you to go f---ing crazy!" Sniff, our little girl's all grown up.

**4 Congratu...wha?:** The Nobel Foundation broke protocol by granting McGill grad Ralph Steinman the coveted prize for research that produced treatments for cancer and HIV, among others. The statute prohibits granting the award posthumously, but it wasn't until three hours after the award was announced that Nobel officials found out Steinman had succumbed to cancer two days earlier. Is this guy lucky or what?

**5 Gun-shy:** A report written by Caillin Langmann at McMaster University suggests that gun-control legislation is not responsible for Canada's reduction in firearm homicides. Langmann, who opposes strict gun laws, credits social programs and demographic shifts for the change. I think he's saying that people should have firearms but should be open to other forms of violence before resorting to them.

**6 Feist-y:** Canadian sweetheart Feist has emerged from a two-year hiatus with an impressive album, *Metals*. She took a rest after going full-speed for most of the 2000s, then compiled her new CD, spent weeks in Paris mixing it, then a while in London for mastering, and is already earning critical acclaim and money. Have I made the wrong career choice? I blame my parents.

**7 Ordinary people:** The 18-year-old, identity-protected young murderer from Medicine Hat is now rehabilitated. For those who don't know: At 12-years-old, she helped her 23-year-old boyfriend kill her parents and eight-year-old brother because they opposed the relationship (so strict). Now, after six years at a young-offenders centre, she is deemed "low-risk" for future violence. Apparently, intensive therapy has brought her to the realization that offing the family may have been a tad harsh. Where is Jerry Springer when you need him?

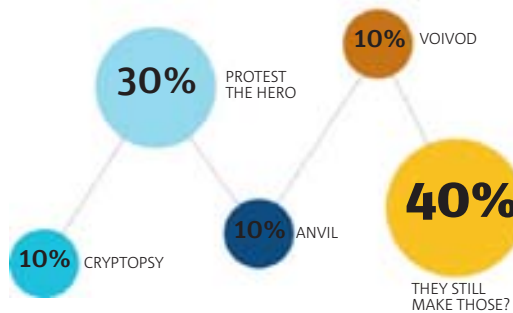
**8 Oh, Canada:** It seems like only yesterday I was heading to the polls to cast my vote for what I call "the party of least reluctance." But I am not ashamed to admit that I will proudly support anyone that throws me the slightest bone, even while ignoring my needs and misrepresenting my wishes. And I am not the only one who's married?

More from Mike Benhaim at [metronews.ca/backbeat](http://metronews.ca/backbeat)



Register at  
[metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

What band should win the Juno in the newly created metal/hard rock category?



## Letters

RE: Paul Sullivan's column published Oct. 5, *Nobody's right if everybody's wrong*

Sublimely pointless article written by an out-of-touch, capitalist sycophant.

This writer has obviously given up on life, truth, justice and good journalism. There are young people out there who will never get the chances he takes for granted based on his generation's bad choices. The article was pointless, meandering, by an over-the-hill curmudgeon. Get him to his porch and rocking chair and let someone who still lives life write in this wasted space.

STEVEN DEBUS, TORONTO

RE: John Mazerolle's column published Oct. 6, *Let's talk about birds and bees*

In the last few years, huge efforts have been made to try and deal with negative self-image amongst young women. And you publish this? A rude, ignorant, offensive statement which sets back the fight and is hurtful to all the overweight women who read this paper.

VICTORIA GOODFELLOW  
TORONTO

## Local tweets



**@IAMNedin:**  
Calgary, I expected rain

but I think I just saw a bearded man in an ark float by. #yyc

**@greeceball:** I would prefer snow to this horrible weather. #YYC

**@mikesbloggity:** The straw on my juice box is broken. God I miss Steve Jobs.

**@HeathersBROAD:** I am seriously going to drive the 30 feet from the grocery store to the wine store be-

cause it is raining so flippin' hard! #YYC

**@longdoglover:** It is so dark and gloomy that the exterior motion sensor lights have come on #yyc

**@postitqueen:** One of our drivers just showed me a picture of highway 22X, there was snow. #yyc

**@rohadi:** U want 2 know about the inefficiencies with Calgary Parking? They've left a multi million \$ building in Kensington empty for 4 years. #yyc

## Sky. Sailing



► Hot air balloons inflate during the 40th annual Albuquerque International Balloon Fiesta in Albuquerque, N.M., on Thursday.

SUSAN MONTVOYA BRYAN/THE ASSOCIATED PRESS

## Photo of the day

Dozens of specially shaped balloons inflated Thursday morning, but gusty conditions prevented them from lifting off. The nine-day Albuquerque International Balloon Fiesta wraps up Sunday.

## WEIRD NEWS

### Does God hate non-iPhone tweeting?

Members of fundamentalist Westboro Baptist Church announced plans to picket Steve Jobs' funeral — from an iPhone.

Shortly after news of the Apple founder's death Wednesday night, Margie Phelps, daughter of the church's founder, used one of Apple's iconic devices to tweet the family-run church's intention to protest at Jobs' funeral.

"Westboro will picket his funeral. He had a huge platform; gave God no glory & taught sin," she tweeted.

The message was retweeted by other iPhone-wielding Phelps family members who make up the small but controversial church.

On Thursday, Phelps responded to criticism over her use of an Apple product to send out the messages.

"Rebels mad cuz I used iPhone to tell you Steve Jobs is in hell. God created iPhone for that purpose!" she wrote.

The Kansas-based church is infamous for mounting attention-getting anti-gay protests outside military funerals.

TORSTAR NEWS SERVICE



### Synopsis

**Ides of March** focuses on Stephen Myers (Ryan Gosling), an idealistic campaign manager who'd do anything to win, as long as he truly believes in the candidate. He is devoted to Governor Mike Morris (Clooney), a candidate in the Democratic primary. The first hour is spent getting into the campaign, learning the machinations of a big league primary run. Clooney sets up the themes of the piece before taking a right turn (story-wise) into different territory.

### Ratings:

Richard: ●●●½  
Mark: ●●●●

### Reel Guys

## RICHARD CROUSE & MARK BRESLIN

SCENE@METRONEWS.CA



▶ Phillip Seymour Hoffman and George Clooney in *Ides of March*.

# Packing a political punch

► *Ides of March* is a smart, sophisticated look at power and politics, with great acting ► Viewers will be left wondering how many Oscar nominations it will get

**Richard:** Mark, I'm not going to give away the twist, but it is really then that the movie picks up steam. The first hour is good stuff, with its great acting from Paul Giamatti and Phillip Seymour Hoffman and a fascinating, if occasionally dry, look at life in the political fast lane. Then comes the blackmail, the meetings in darkened stairwells and double-crossing journalists and it becomes something darker and more interesting.

**Mark:** Richard, the movie had me from the opening scenes. Well-acted, great script; a smart and sophisticated film about power and politics. I knew there had to be a twist, but I

liked it even before the twist. Personally, I didn't find it dry at all, but I follow political campaigns the way that most people follow sports. But you're right; once it becomes a cat and mouse game it really gets exciting.

**RC:** To me it feels like a sexed-up *All the President's Men*, a movie filled with good-looking movie stars that still packs a serious punch. Gosling impresses as he makes his way from idealism to stark realism, and Clooney looks like he was born to sit in an oval office. But it is the supporting cast who really shine. What did you think of Giamatti and Hoffman?

**MB:** Brilliant, both of them! But don't leave out Marisa Tomei and Evan Rachel Wood in smaller but crucial roles. Another thing about the movie that impressed me was that although the film was based on a play, it didn't feel "stagey" as a lot of these adaptations do. Clooney really opened it up and at no time did I think I was watching what had once been a play. And I'll put you on the spot — how many Oscar nominations do you think the movie will get?

**RC:** We're looking at a few nominations overall and maybe a win for either Giamatti or Hoffman. They both reek of the back-

room, the kind of guys who invisibly pull the strings. I also thought Clooney did some good work here. If his character leans any further left he'll topple over, but it's not a love letter to the left. If anything the movie levels the playing field between the Democrats and Republicans, suggesting they're cut from the same cloth.

**MB:** The movie raises Clintonian ethics issues — can a politician be deeply flawed in his private life and yet be the most skilled and humane legislator in the field? And then it goes further to suggest that moral corruption is inevitable. How could I not love this flick?

# 2

  
scene

### Scene in brief



Paramount Pictures is launching a global "Tweet To See It First" promotion, which will bring *Paranormal Activity 3* to 20 cities across the world on Oct. 18 — three days before the film's global release. Head to [Paranormal-Movie.com](http://Paranormal-Movie.com) for info on how to represent your city. The competition ends next Thursday. ► **METRO**



Oscar organizers aim to create world-class film exhibition at site of L.A. art museum.

More locations in the **CALGARY** area than any other fitness club!

JOIN TODAY

# \$2 PER MONTH

FOR THE FIRST 2 MONTHS of a two year membership\*

Scan the QR code or visit [goodlifefitness.com/calgary](http://goodlifefitness.com/calgary) for details

## GoodLife FITNESS™

The good life. Made easy.



\*When joining, you will sign for two years and pay \$4 + applicable taxes for the first 2 months. 19-weekly payments for the third and subsequent months will be based on the regular fee of the selected membership. Regular membership fees vary based on club and membership option chosen. No additional fees are required above the regular membership fee. Offer available only through the FAP membership option chosen. Offer valid at participating Alberta clubs only. Offer ends October 31st, 2011.

# Movie horror in a parka



► Mary Elizabeth Winstead

**NED EHRBAR**  
SCENE@METRONEWS.CA  
METRO WORLD NEWS IN HOLLYWOOD

With titles like *Final Destination 3*, the *Ring* Two and *Black Christmas* in her filmography, actress Mary Elizabeth Winstead is no stranger to on-screen horror. So a prequel to the *Thing* was right up her alley. Plus, the Antarctic setting didn't allow for much in the way of revealing costumes, which is something Winstead says she appreciated, considering how female characters tend to be portrayed in the horror and science fiction worlds.

She shared her rather frank opinions on the topic with Metro, as well as her unique connection to the star of the original 1982 *the Thing*.

**So, you've tangled with Kurt Russell in *Sky High*, sang with him in *Death Proof* and now you're in the prequel to one of his films.**

I know! I'm always following Kurt Russell, for some reason.

**Has he seen this yet?**

I have no idea. I mean, he's so not a show business type guy that I wouldn't be surprised if he didn't know that this exists. He probably in passing has heard about it, but I doubt he's worrying about it too much.

**How did you feel about this being a prequel?**

Knowing that it was from Strike Entertainment, it was a clue that these were the kind of people — from their past work like *Dawn of the Dead* — they have a grasp on how to take mate-

rial and make something new out of it that's still respectful and interesting and not just a retread that's more modern and more schlocky than the first one that came around.

**Comparisons to Sigourney Weaver's character in *Alien* is almost inevitable here.**

I love them. I have a particular fondness for strong women on screen who are also realistic. It's really fun to see women kicking ass and being super-powerful, but at the same time I feel like there's this niche that we don't see of women who are just realistically strong and smart and take care of themselves but aren't beating up guys twice their size and knocking them out — things that just wouldn't happen in the real world.

## A few facts

- **Vital stats:** Raised in Salt Lake City, Winstead, 26, was trained as a singer and ballet dancer before turning to acting, garnering attention for her role in superhero spoof *Sky High*.
- **Cult status:** Winstead is beloved by geeks the world over for playing hair dye-loving object of affection Ramona Flowers in 2010's *Scott Pilgrim vs. the World*.

**It's interesting that filmmakers seem to think female characters have to be at one end of the spectrum.**

Right. It's so shocking to me that there aren't more realistic female characters out there, because we make up half the population. Why is everything so dominated by what guys want to see? Every female character in a movie is over-sexualized or she's played as shrill and neurotic or something that's a very male perspective on different types of women that are out there.

I feel like a lot of actresses, when they play a supersexual character, they're like, "No, this is empowering and women owning our sexuality" and stuff. I get that, but I don't feel like that's what we're really seeing.

# Remaking a teen classic

► Director Craig Brewer treads carefully in his version of *Footloose*



► Kenny Wormald and Julianne Hough in *Footloose*.

**RICHARD CROUSE**  
SCENE@METRONEWS.CA

The names Ren and Ariel are touchstones for a generation. In the teen classic *Footloose*, big city boy Ren (Kevin Bacon) romanced Ariel (Lori Singer) and brought the boogie back to the small town of Bomont, Georgia.

Despite bad reviews, the story of teen rebellion and two-stepping struck a chord with audiences.

Director Craig Brewer knew his new big-screen version had to tread carefully, reinventing the characters without losing what made them popular.

"I think all of my cast

members were able to occupy the characters without there being any sort of mimicry or impersonation of the original," he says.

The project has had big names like Zac Efron attached, but Brewer decided to go a different way.

"...I resisted having Ren McCormack being played by a 'movie star' because then you get all the baggage of their other movies tied into this one," he says.

Kenny Wormald, a choreographer and dancer, won the role after a recommendation from Justin Timberlake. For Ariel, Brewer cast the more established Julianne Hough, best known as a *Dancing with the Stars* champion.

THE WALL STREET JOURNAL JOE MORGENSTERN  
"‘MONEYBALL’ RENEWS YOUR BELIEF IN THE POWER OF MOVIES."

"...YOU CAN HAVE A BLAST AT 'MONEYBALL'..." The New York Times MANOHLA DARGIS

★★★★★ MICHAEL PHILIPS  
Chicago Tribune

★★★★★ ROGER EBERT  
CHICAGO SUN-TIMES

**MONEYBALL**  
BASED ON A TRUE STORY

PC COARSE LANGUAGE Moneyball-Movie.ca COLUMBIA PICTURES

**NOW PLAYING** Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes

THE THING  
IT'S NOT HUMAN, YET.

IN THEATRES OCTOBER 14

YOU COULD WIN A PASS FOR TWO TO THE SPECIAL ADVANCE SCREENING OF

**THE THING**

TO REGISTER AND FOR FULL CONTEST DETAILS VISIT CLUBMETRO.COM

SUBJECT TO CLASSIFICATION

VISIT clubmetro.com TO ENTER

**LOVE TO PLAY?**

Get more Metro puzzles and games on your iPhone with the FREE Metro Play app — updated daily!

Available on the App Store

metro play

play



# Movie reviews

See it twice 🌐🌐🌐🌐 | See it now 🌐🌐🌐 | Worth watching 🌐🌐 | Yawn 🌐 | Don't bother 🌐



**Real Steel**  
**Genre:** Fantasy  
**Director:** Shawn Levy  
**Stars:** Hugh Jackman

For a family-friendly fantasy flick — even one about robots pummeling each other — Real Steel opens with some pretty questionable action. We meet down-on-his-luck Charlie (Hugh Jackman)

pitching his robot boxer, Ambush, against a live bull at a state fair.

The film is set in a not-too-distant future when audiences' thirst for violence made human boxing obsolete in favour of the more brutal robot variety, but there's just something about watching an animal getting punched in the face that

doesn't quite sit right. It doesn't help that the rest of the film's tone is actually safely in the family-friendly zone.

Robot-on-bovine violence aside, Real Steel works, minus a few bugs. The boxing itself is a marvel, with the clashing metal titans feeling incredibly real.

As for the humans, Jackman plays Charlie with just enough charm that we root for him, despite him being a pretty lackluster businessman, father and human being.

About that father bit: Charlie takes on his estranged 11-year-old son (Dakota Goyo) for a summer on the road.

Unfortunately, the film relies a bit too heavily on Goyo, possibly to distract from Jackman's character's less-than-heroic actions. And the less said about the boy's dancing, the better. **• NED EHRBAR**



**Starbuck**

**Genre:** Comedy  
**Director:** Ken Scott  
**Stars:** Patrick Huard, Julie LeBreton, Antoine Bertrand  
🌐🌐🌐  
Patrick Huard plays David Wozniak, a man-child who learns commitment and re-

sponsibility after discovering that his sperm bank donations unwittingly made him the father of 533 children, 142 of whom have filed a class action lawsuit to learn their biological father's real identity.

• RICHARD CROUSE



**The Guard**

**Genre:** Action  
**Director:** John Michael McDonagh  
**Stars:** Brendan Gleeson, Don Cheadle  
🌐🌐🌐  
Brendan Gleeson gives a hilarious performance in this pungent Irish thriller,

which casts him as a small town cop who runs afoul of some nasty drug-runners. Gleeson gives his one-liners a wicked spin, and he's well-matched by Don Cheadle as a visiting FBI agent bewildered by Galway's slow-moving culture. **• ADAM NAYMAN**



**A Better Life**

**Genre:** Drama  
**Director:** Chris Weitz  
**Stars:** Demian Bichir, Jose Julian  
🌐🌐  
This character study featuring Weeds star Demian Bichir as an illegal immi-

grant gardener in L.A. is a low key and timely drama about building a new life in a new country. Story-wise it doesn't offer much we haven't seen before in similarly themed stories, but acting-wise it is a powerhouse. **• RICHARD CROUSE**

THE ENCLAVE  
AT CASTLE KEEP

NEW  
WESTSIDE  
TOWNHOMES.

FROM THE LOW  
\$300s

homesbyavi.com/theEnclave

AVI Urban

**Rolling Stone**  
"A PULSE-RACING THRILLER."  
RYAN GOSLING IS TERRIFIC. GEORGE CLOONEY IS EXCEPTIONAL."  
- Peter Travers

**The New York Times**  
"DOWNRIGHT ELECTRIFYING."  
- A.A. Dorf

**Entertainment Weekly**  
"GRIPPING AND PROVOCATIVE."  
- Drew Oakes

**THE NEW YORK OBSERVER**  
"THE IDES OF MARCH SOARS."  
- Rex Reed

RYAN GOSLING GEORGE CLOONEY PHILIP SEYMOUR HOFFMAN PAUL GIAMATTI MARISA TOMEI JEFFREY WRIGHT AND RACHEL WOOD

**THE IDES OF MARCH**

STARTS TODAY! Check Theatre Directory for Locations & Showtimes.

Facebook.com/AllianceFilms TheIdesOfMarch.ca YouTube.com/AllianceFilms

Check out Alliance's new home on **Moviefone.ca** for all the latest news on our movies in theatres and at home. Visit **moviefone.com/alliance-movie-trailers**

**"PITCH-PERFECT. ONE OF THE BEST OF THE YEAR. I GIVE '50/50' AN 'A'"** RICHARD ROEPER

**"★★★★ '50/50' IS CONSISTENTLY, UPROARIOUSLY FUNNY. PERFECT ENDINGS ARE HARD TO COME BY: '50/50' HAS ONE."** CHRISTY LEMIRE AP Associated Press

**"★★★★ '50/50' WINNINGLY DEMONSTRATES THAT PROFOUND EMOTION AND WIDE-RANGING HUMOR CAN CO-EXIST IN THE SAME MOVIE."** CLAUDIA PUIG USA TODAY

**"★★★★ '50/50' DELIVERS 100 PERCENT."** DAN JEWEL LIFE&STYLE

**"ACHINGLY HILARIOUS AND HEARTFELT. '50/50' IS SOME KIND OF MIRACLE."** PETER TRAVERS Rolling Stone

50-50TheMovie.com

14+ COARSE LANGUAGE

FACEBOOK.COM/EONEFILMS YOUTUBE.COM/EONEFILMS

**50/50**

**NOW PLAYING** CHECK THEATRE DIRECTORY FOR LOCATIONS AND SHOWTIMES



THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 7 TO THURS., OCT. 13. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

**CANYON MEADOWS**

Bay 110 13226 Macleod Trail,  
403-670-5444

**30 Minutes or Less** (18A) Fri-Thu 1:10-10  
**Bad Teacher** (14A) Fri-Thu 4:10-7:20  
**Bridesmaids** (14A) Fri-Thu 12:50-4:7-9:45  
**Captain America: The First Avenger**  
(PG) Fri-Thu 1:05-3:55-6:55-9:50  
**Cars 2** (G) Fri-Thu 1:30-4:05-7:15  
**The Change-Up** (18A) Fri-Thu 1:35-6:50-9:40  
**Colombiana** (14A) Fri-Thu 9:55  
**Cowboys & Aliens** (14A) Fri-Thu 1:20-4:05-7:15-9:50  
**Friends With Benefits** (14A) Fri-Thu 1:15-3:50-7:10-9:45  
**Harry Potter and the Deathly Hallows: Part 2** (PG) Fri-Thu 12:55-4:25-8:05  
**Horrible Bosses** (14A) Fri-Thu 1:25-4:15-7:25-10:05  
**Midnight in Paris** (PG) Fri-Thu 9:35  
**Mr. Popper's Penguins** (G) Fri-Thu 1:35-4:20-7:05

**CROWFOOT CROSSING**

91 Crowfoot Terrace, 403-547-3316

**50/50** (14A) Fri-Sat 1:30-3:55-7:05-9:40 Sun 1:30-4:35-7:05-9:40 Mon-Thu 1:30-3:55-7:05-9:40  
**Abduction** (14A) Fri-Sat 1:10-3:45-7:35-10:15 Sun 3:45-7:35-10:15 Mon-Thu 1:10-3:45-7:35-10:15  
**Contagion** (14A) Fri-Thu 1:50-4:25-7:20-9:55  
**Dolphin Tale** (G) Fri-Thu 1:40  
**Dolphin Tale 3D** (G) Fri-Thu 4:20-7:15-9:55  
**Dream House** (14A) Fri-Thu 1:25-3:50-7:30-10:05  
**Drive** (18A) Fri-Thu 2:05-4:30-7:50-10:20  
**Esmeralda - Bolshoi Ballet** (STC) Sun 1  
**The Ides of March** (14A) Fri-Tue 1:35-4:15-7:25-10:10 Wed 4:15-7:25-10:10 Thu 1:35-4:15-7:25-10:10 Star & Strollers Screening Wed 1  
**Killer Elite** (14A) Fri-Thu 2:4-3:57-4:10-25  
**The Lion King 3D** (G) Fri-Thu 1:15-3:40-6:55-9:20  
**Moneyball** (PG) Fri-Thu 1:05-4:05-7:10  
**Real Steel** (PG) No Passes Fri-Thu 1:4-6:50-9:50  
**What's Your Number?** (14A) Fri-Tue 1:25-3:50-7:30-10:05 Wed 3:50-7:30-10:05 Thu 1:25-3:50-7:30-10:05 Star & Strollers Screening Wed 1

**EAU CLAIRE MARKET**

200 Barlay Parade, 403-263-3166

**50/50** (14A) Fri 7:45-10:10 Sat 1:10-4:10-7:45-10:10 Sun 1:10-4:10-6:50-9:55 Mon 4:10-6:50-9:55 Tue-Thu 6:50-9:55  
**The Guard** (14A) Fri 6:45-10 Sat 1:4-6:45-10 Sun 1:4-6:40-9:50 Mon 4:6-40-9:50 Tue-Thu 6:40-9:50  
**The Help** (PG) Fri 6:30-9:40 Sat-Sun 12:30-3:30-6:30-9:40 Mon 3:30-6:30-9:40 Tue-Thu 6:30-9:40  
**The Ides of March** (14A) Fri 7:15-9:50 Sat 1:20-4:20-7:15-9:50 Sun 1:20-4:20-7:20-9:45 Mon 4:20-7:20-9:45 Tue-Thu



► Brad Pitt's acting is effortless in Moneyball.

7:20-9:45  
**Moneyball** (PG) Fri 7:30-10:30 Sat 12:50-3:50-7:30-10:30 Sun 12:50-3:50-7:10 Mon 3:50-7:10 Tue-Thu 7:10  
**Real Steel** (PG) No Passes Fri 7:10-20 No Passes Sat 12:40-3:40-7:10-20 No Passes Sun 12:40-3:40-7:10-10:05 No Passes Mon 3:40-7:10-10:05 No Passes Tue-Thu 7:10-10:05

**EMPIRE STUDIO 16**

**COUNTRY HILLS**

388 Country Hills Blvd., 403-686-8491

**50/50** (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:25-4:6:55-9:25  
**Breakaway** (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-3:45-6:40-9:10  
**The Captains** (G) No Passes, SR Dolby Digital, Stadium Seating Thu 7  
**Contagion** (14A) SR

Dolby Digital, Stadium Seating Fri-Thu 12:55-3:35-7:05-9:40  
**Dolphin Tale** (G) SR Dolby Digital, Stadium Seating Fri-Thu 12:20  
**Dolphin Tale 3D** (G) Stadium Seating, SR Dolby Digital Fri-Thu 3:6:35-9:15  
**Dream House** (14A) SR Dolby Digital, Stadium Seating Fri-Wed 2:4:25-6:45-9:05 SR Dolby Digital, Stadium Seating Thu 2:4-25-10:20  
**Drive** (18A) Digital Presentation, Stadium Seating, SR Dolby Digital Fri-Tue 7:35-10:05 Digital Presentation, Stadium Seating, SR Dolby Digital Wed 10:05 Digital Presentation, Stadium Seating, SR Dolby Digital Thu 7:35-10:05  
**The Help** (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:3:15-6:30-9:45  
**The Ides of March** (14A) Stadium Seating, SR Dolby Digital Fri-Thu 1:45-4:20-7:40-10:10  
**Killer Elite** (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:50-4:35-7:20-10:15  
**The Lion King 3D** (G) SR Dolby Digital, Stadium Seating Fri-Thu 12:05-2:25-4:40-7:20  
**Moneyball** (PG) Stadium Seating, SR Dolby Digital Fri-Thu 12:40-3:50-6:50-9:50  
**Peter Gabriel: New Blood Orchestra in 3D** (G) No Passes, Stadium Seating, SR Dolby Digital Wed 7  
**Rascals** (STC) Stadium Seating, SR Dolby Digital, Sub-Titled Fri-Thu 12:15-3:10-6-9  
**Real Steel** (PG) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 1:20-4:10-7:30-10:20

**Real Steel: The IMAX Experience** (PG) No

Passes, SR Dolby Digital, Stadium Seating Fri-Thu 12:35-3:30-7:9:55  
**Sarah's Key** (PG) Stadium Seating, SR Dolby Digital Fri-Thu 1:40-4:15-7:15-9:45  
**The Smurfs** (G) Stadium Seating, SR Dolby Digital Fri-Thu 12:30-3:05  
**What's Your Number?** (14A) Stadium Seating, SR Dolby Digital Fri-Thu 1:3-40-7:25-10

**EMPIRE STUDIO 10**

**MACLEOD TRAIL**

100-16061 Macleod Trail, 403-974-0470

**50/50** (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:30-4:30-7:40-10:20  
**The Captains** (G) Thu 7  
**Contagion** (14A) SR Dolby Digital, Stadium Seating Fri-Tue 1:20-4:10-7:30-10:05 SR Dolby Digital, Stadium Seating Wed-Thu 1:20-4:10-10:05  
**Dolphin Tale** (G) SR Dolby Digital, Stadium Seating Fri-Thu 12:30  
**Dolphin Tale 3D** (G) SR Dolby Digital, Stadium Seating Fri-Thu 3:20-6:20-9:15  
**Dream House** (14A) Stadium Seating, SR Dolby Digital Fri-Thu 3:40-9:20  
**Drive** (18A) SR Dolby Digital, Stadium Seating Fri-Tue 1:40-4:40-7:50-10:30 SR Dolby Digital, Stadium Seating Thu 1:40-4:40-10:30  
**The Ides of March** (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:40-4:20-7:20-10  
**Killer Elite** (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:50-6:40  
**The Lion King 3D** (G) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-4:7:10-9:30

**Moneyball** (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:3:15-6:30-9:40  
**Real Steel** (PG) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 12:5-3:30-7:10-10  
**What's Your Number?** (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:3-50-6:50-9:50

**GLOBE CINEMA**

617-8 Avenue, 403-262-3308

**The Devil's Double** (18A) Fri 7:9:10 Sat-Mon 1:3-10-7:9:10 Tue-Thu 7:9:10  
**The Tunnel** (STC) Fri 7:10-9:20 Sat-Mon 1:10-3:20-7:10-9:20 Tue-Thu 7:10-9:20

**MOVIEDOME**

1039 999 36 St. N.E., 403-248-2000

**Captain America: The First Avenger** (PG) Fri-Thu 12:40-3:30-6:50-9:30  
**Cars 2** (G) Fri-Thu 12:50-3:40-6:40  
**The Change-Up** (18A) Fri-Thu 12:55-9:40  
**Cowboys & Aliens** (14A) Fri-Thu 12:45-3:35-6:45-9:35  
**Fright Night** (14A) Fri-Thu 7:05-9:45  
**Harry Potter and the Deathly Hallows: Part 2** (PG) Fri-Thu 12:45-3:45-8  
**Horrible Bosses** (14A) Fri-Thu 1:3-50-7:10-9:50  
**Mr. Popper's Penguins** (G) Fri-Thu 1:05-3:55  
**Rascals** (STC) Fri-Thu 2-6:30-9:15  
**Transformers: Dark of the Moon** (PG) Fri-Thu 1:30-7:30  
**Yaar Annmulle** (STC) Fri-Thu 3:30-7:30  
**SCOTIABANK CHINOOK**

6455 MacLeod Trail, 403-212-8994

**50/50** (14A) Fri-Wed 1:25-4:20-7:25-10:05 Thu 4:20-7:25-10:05 Star & Strollers Screening Thu 1  
**Abduction** (14A) Fri-Wed 1:15-4:15-7:20-10:20 Thu 1:15-4:15-10:20  
**Breakaway** (PG) Fri-Thu 12:50-3:40-6:45-9:55  
**The Captains** (G) Thu 7  
**Contagion** (14A) Fri-Thu 2-5-7:45-10:30  
**Courageous** (PG) Fri-Wed 1:4-10-7:10-10:10 Thu 4:10-7:10-10:10 Star & Strollers Screening Thu 1  
**Crazy, Stupid, Love.** (PG) Fri-Tue 7:05-10:05 Wed 10:05 Thu 7:05-10:05  
**Dolphin Tale 3D** (G) Fri-Thu 12:15-3:30-6:50-9:45  
**Dream House** (14A) Fri-Thu 12:35-3:35-6:55-9:50  
**Drive** (18A) Fri-Thu 1:15-4:15-7:15-10:15  
**Esmeralda - Bolshoi Ballet** (STC) Sun 1  
**The Ides of March** (14A) Fri-Thu 12:50-3:35-7:10  
**Killer Elite** (14A) Fri-Thu 1:10-4:05-7:20-10:25  
**The Lion King 3D** (G) Fri-Thu 12:2-20-4:50-7:10-9:40  
**Moneyball** (PG) Fri-Thu 12:40-3:55-7:15-10:15  
**Peter Gabriel: New Blood Orchestra in 3D** (G) Wed 7  
**Real Steel** (PG) No Passes Fri-Thu 12:30-3:30-7:25-10:25  
**Real Steel: The IMAX Experience** (PG) No Passes Fri-Thu 1-4-7-9-55  
**Rise of the Planet of the Apes** (PG) Fri-Sat 1:20-4:25-7:30-10:30 Sun 7:30-10:30 Mon 1:20-4:25-7:30-10:30 Tue 7:30-10:30 Wed-Thu 1:20-4-25-10:30  
**The Smurfs** (G) Fri-Thu 12:10-3:45  
**What's Your Number?** (14A) Fri-Thu 1:30-4:30-7:35-10:20

**PLAZA THEATRE**

1133 Kensington Rd. N.W., 403-283-3636

**A Better Life** (PG) Fri 7 Sat 2-7 Sun 1-7 Mon-Thu 7  
**Drive** (18A) Fri 9 Sat 4-9 Sun-Thu 9

**SUNRIDGE SPECTRUM**

2555 32nd Street, 403-717-1200

**50/50** (14A) Fri-Thu 1:20-3:55-6:40-9:25  
**Abduction** (14A) Fri-Mon 1:25-4:10-6:50-9:30  
**Breakaway** (PG) Fri-Thu 1:05-3:40-6:30-9:20  
**The Captains** (G) Thu 7  
**Dolphin Tale 3D** (G) Fri-Thu 12:45-3:30-6:25-9:15  
**Dream House** (14A) Fri-Thu 1:10-3:25-7:30-9:55  
**Drive** (18A) Fri-Tue 1:30-4:15-6:55-9:35  
**Force** (14A) Fri-Wed 12:35-3:45-7:20 Thu 12:35-3:45  
**The Ides of March** (14A) Fri-Tue 12:55-3:35-7:05-9:50 Wed 3:35-7:05-9:50 Thu 12:55-3:35-7:05-9:50 Star & Strollers Screening Wed 1  
**Killer Elite** (14A) Fri-Mon 1:15-4:7:10-10:05 Wed-Thu 1:15-4:7:10-10:05  
**The Lion King 3D** (G) Fri-Tue 12:50-3:15-6:45-9:10 Wed 6:45-9:10 Thu 12:50-3:15-6:45-9:10  
**Moneyball** (PG) Fri-Tue 12:40-3:50-7:10-10





# COMING TO KENSINGTON

## GRAND OPENING SATURDAY OCTOBER 8TH



REGISTER NOW [pixelcondos.ca](http://pixelcondos.ca)

P R E S E N T A T I O N   C E N T R E  
1120 KENSINGTON ROAD NW 403.290.1664  
TUESDAY-FRIDAY 10AM-6PM, SATURDAY/SUNDAY 11AM-5PM



 **BATTISTELLA**  
DEVELOPMENTS  
[battistella.ca](http://battistella.ca)

Wed 3:50-7:10:10 Thu 12:40-3:50-7:10:10 Star & Strollers Screening Wed 1

**Real Steel** (PG) No Passes Fri-Thu 1:40-7:15:10:20

**The Smurfs** (G) Fri-Thu 12:30

**What's Your Number?** (14A) Fri-Thu 1:35:4:20-7:25:10:15

**Yaara O Dildaara** (PG) Fri-Thu 3:6:35-9:45

#### THE UPTOWN STAGE & SCREEN

612 8th Ave. S.W., 403-265-0120

**Cave of Forgotten Dreams** (G) Fri 4:45 Sat-Mon 12:45-4:45 Tue-Thu 4:45

**The Debt** (14A) Fri 4:50 Sat-Mon 12:30-4:50:8:50 Tue 4:50-8:50 Wed-Thu 4:50

**Ichi the Killer** (STC) Fri 9:30

**Midnight in Paris** (PG) Fri 7 Sat-Mon 2:45-7 Tue-Thu 7

**One for the Road** (STC) Thu

**The Ordinary Skier** (STC) Thu 6:30-9:30

**Starbuck** (14A) Fri 6:50-9 Sat-Mon 2:40-6:50-9 Tue-Wed 6:50-9 Thu 9

#### WESTHILLS 10

165 Stewart Green, 403-246-5291

**50/50** (14A) Fri-Mon 1:30-4:20-7:40-10:20 Tue-Thu 5:35-8:05

**Contagion** (14A) Fri-Mon 12:50-3:30-7:20-9:55 Tue-Thu 6:15-8:45

**Dolphin Tale** (G) Fri-Mon 12:40 Tue-Thu 6:10

**Dolphin Tale 3D** (G) Fri-Mon 3:15-6:40-9:20 Tue-Thu 8:40

**Dream House** (14A) Fri-Mon 12:45-3:10-7:30-9:50 Tue-Thu 6:30-8:50

**Drive** (18A) Fri-Mon 1:20-4:10-7-9:30 Tue-Thu 5:45-8:10

**The Ides of March** (14A) Fri-Mon 12:35-3:35-7:15-10:10 Tue-Thu 6:40

**The Lion King 3D** (G) Fri-Mon 1:40-4:6:50-9:10 Tue-Thu 5:40-8

**Moneyball** (PG) Fri-Mon 1:05-4:05-7:05-10:05 Tue-Thu 5:30-8:20

**Real Steel** (PG) No Passes Fri-Mon 1:10-4:05-7:10-10:05 No Passes Tue-Thu 5:40-8:25

**What's Your Number?** (14A) Fri-Mon 12:50-3:20-7:05-9:40 Tue-Thu 6:25-8:55

# Still a slave to the song

► Bryan Ferry continues to be the gentleman of rock ► World tour touching down in Canada



CHRIS ALEXANDER  
SCENE@METRONEWS.CA

The marvel of ultra-suave British pop and style icon Bryan Ferry is that his sensual charms appears to know no bounds: women of his age (Ferry just turned 66 last week) still swoon to his voice and dapper, gentlemanly presence as do tattooed and pierced ladies in their 20's. Both walks of fervent fan and all the others in between that spectrum, find their middleground at Ferry's live shows.

"It's certainly great to have an audience who stays with you of a certain age," Ferry told Metro, "but fantastic to get that young audience too. People often



FILE PHOTO/GETTY IMAGES

► Bryan Ferry will join the ranks of other rock legends and play at Orillia's Casino Rama this Saturday.

come to my work much later. And of course the lifelong fans have children and grandchildren and on it goes..."

After finding fame in the 1970's in his glammy art-rock band Roxy Music with hits like Love is the Drug and Avalon, Ferry

concurrently launched a successful solo career, itself topping the charts with such tracks as the John Lennon cover Jealous Guy and the boudoir classic Slave to Love. His most recent album is Olympia, a typically dreamy and lush effort that — much like all

of his recorded solo work — is very cinematic, with typically spacey guitar work by Pink Floyd guitarist David Gilmour.

"David played on my album Boys and Girls, did Live Aid with me and we also did the song Is Your Love Strong Enough from

**"He's a wonderful guitarist and a powerful player. And although I love the idea of pop music being immediate, there's something so timeless about the work we do together."**

BRYAN FERRY ON DAVID GILMOUR

Ridley Scott's film *Legend*," says Ferry.

"He's a wonderful guitarist and a powerful player. And although I love the idea of pop music being immediate, there's something so timeless about the work we do together."

His latest world tour belatedly supporting the 2010 *Olympia* release, touches down this Saturday at Orillia's Casino Rama, a hub lately for classic rock legends like Alice Cooper and Kiss to play a sellout show in a relatively intimate environment.

And while the proximity of tinkling slots and dazzling lights might seem like an odd fit on surface, that blend of the garish and the elegant has always been the key to Ferry's fortune.

"This current tour runs the gamut, everything from early flamboyant Roxy stuff right up to the new album. And I'm having a wonderful time..."

**"ONE OF THE YEAR'S BEST FILMS!"**  
LEONARD MALTIN, MALTIN ON MOVIES

**"KRISTIN SCOTT THOMAS IS EXCELLENT!"**  
RACHEL SALTZ, THE NEW YORK TIMES

**"POWERFUL!"**  
KENNETH TURAN, LOS ANGELES TIMES

LUMIERES 2011 FOREIGN PRESS BEST ACTRESS KRISTIN SCOTT THOMAS

TOKYO FILM FESTIVAL AUDIENCE AWARD

★★★★★ LE PARISIEN

★★★★★ LE FIGAROSCOPE

KRISTIN SCOTT THOMAS  
**SARAH'S KEY**  
A FILM BY GILLES PAQUET-BRENNER

PG

STARTS TODAY

ORIGINAL FRENCH AND ENGLISH VERSION WITH ENGLISH SUBTITLES

EMPIRE STUDIO COUNTRY HILLS 16

CHECK THEATRE DIRECTIONS FOR SHOWTIMES

www.azfilms.ca

## MARKET SURVEY INC IS SEEKING CANDIDATES FOR A REWARDING CAREER AS A CSR/ACCOUNT REP

#### Responsibilities:

- Providing Information for Potential Members • Update Current Members Account Information
- Assist in Setup & Troubleshooting of New Member Equipment • General Sales & Marketing Support Efforts

#### Qualifications:

- College degree is a strong plus. (High School Diploma / GED required) • Excellent verbal and written communication skills required. • Flexible Schedule (nights, weekends and holidays are a must).
- Ability to multitask • 1+ year experience in a customer service environment is a strong plus.
- Knowledge of computers and Microsoft software required (Word/Excel)

We offer a starting salary of \$14 - \$17 per hour. (PT/FT)

Interested Candidates should forward resumes to : entrylevel00@hotmail.com

THE ENCLAVE  
AT CASTLE KEEP

**NEW  
WESTSIDE  
TOWNHOMES.**

FROM THE LOW  
**\$300s**

homesbyavi.com/theEnclave



# THE JOYS OF PINK FLOYD

## SOUND CHECK



ALAN CROSS  
SCENE  
@METRONews.CA

I fear for the future of high fidelity. With every passing month, we seem to be satisfied with sound that is merely good enough. Blame it on a decade of listening to squished MP3s through cheap ear buds.

In the Olden Days, my friends and I would descend upon stereo stores, pretending to be in the market for some new speakers. "Those JBLs look good. Could we hear them, my good man? And then let's A-B them with those Cerwin-Vegas. No, no — the ones with the 15-inch woofers."

The salesperson would dutifully find the LP we suggested and place it on the turntable. For the next 20 minutes, we'd be pumelled by sound, glorious sound. The sparkling highs. The chest-crushing bass. The sweet midrange. Once the side of the record ran out, we'd promise to

think about it and leave the poor salesman commissionless. Again.

One of the albums we'd always ask for was Pink Floyd's *Dark Side of the Moon* because it was one of the best-produced and most carefully recorded albums of the era.

There was an emotional and physical thrill of hearing it through speakers that could handle the thump of the heartbeat that leads into *Breath*, the deep bass stabs of *Time* and the definition of Clare Torry's voice on *The Great Gig in the Sky*.

The music caused dopamine to flood our brains, which is literally the same neurochemical response a heroin addict



has when he gets a fix.

Today, though, MP3s and cheap ear buds have taken much of the fidelity out of music.

Even modern CDs sound worse than CDs that were released in the 1980s thanks to overuse of compression. We've forgotten how good recorded music can sound. Worse yet, many people have never

experienced it.

That's why I urge everyone to go out and buy the new Pink Floyd remasters along with a very good set of headphones. Clear the credit card. I don't care how.

*Dark Side* is the ultimate album for headphone music. Turn down the lights and turn up the music. Marvel at the subtleties of the arrangements, the texture of the production and brilliance of the musicianship.

Notice how you react physically and emotionally. This is how good music can sound. This is what excited people about music once. Surrender to it.

You may never use ear buds again.



► From left, David Gilmour, Roger Waters, Nick Mason and Rick Wright of the band Pink Floyd are pictured onstage in London, England in 2005.

# Pharrell: Man of all trades



PAT HEALY  
SCENE@METRONews.CA  
METRO WORLD NEWS IN BOSTON

Pharrell Williams is aware of the consequences of his busy schedule.

"There's no social life," says the songwriter/producer/entrepreneur. "But that's OK."

Williams' latest title is the creative director of Karmaloop TV, which is currently an online destination at karmaloopTV.com but is vying to be a full-fledged cable channel. The site has begun its first big push with an initiative dubbed Reclaim Your TV, which hopes to draw in the first generation that never knew life without Internet.

"We're 'live and let live' type of people," says Williams of the Reclaim slogan. "We just want to bring people the content that we miss and the things that we'd want to see."

**When do you think TV got to a point where it needed to be reclaimed?**

Well, it's not really the networks' fault, or the cable providers' fault. It's the fact that the Internet has just made everything so abundant. ... There's so many different choices out there, and I could see how it could be confusing at times, and it's hard to remain focused. But that's what we're intent on doing. We intend to do a couple of things right,



► Pharrell Williams

not 20 million things.

**You have so many different ventures you're involved in, including clothing and liquor. How do you define the spark that has to be there for you to invest your time and money?**

I'm always up for the challenge, and it's always got to make sense. ... Being a partner in a network is a big move; but at the same time, contributing to all things creative there is an honour.

**Let's talk about music. Are you still finding time to get into the studio?**

Yeah, everything from on the pop side from like Jay Sean all the way to Jay-Z.

**How about J.T.? I've heard rumours that you've even been working with Justin Timberlake again.**

I heard those rumours too.

**Are they true?**

I'm not one to talk, but we're all excited.

# Cash Casino

... It's A Sure Bet!

**PRIME RIB Thursday & Friday**

**EMBERS RESTAURANT**

**Starting at 4 PM**

**10 OZ. \$12.99 / 12 OZ. \$14.99**

**Includes Soup Of the Day or Salad, Yorkshire Pudding, Side Potato, & Vegetable of the Day**

**4040 Blackfoot Trail SE 403.287.1635 www.cashcasino.ca**

# McCreery's moving on up

► American Idol winner Scotty McCreery takes next step in career with first album

Performing in front of millions of people for the first time, beating out thousands of other highly talented competitors, defeating nerves and self-doubt — winning American Idol may have been the easy

part.

Now Scotty McCreery has to figure out how to turn victory into a high-level career.

One doesn't always translate into other. But the 17-year-old isn't thinking of

his first post-Idol album, *Clear As Day*, as a make-or-break situation.

He prefers the long view. He wouldn't mind being the next superstar alum of Idol, successfully transitioning in the way multiplat-

inum stars Carrie Underwood and Kelly Clarkson have. If not, though, he's still going to play baseball in the spring. He's still going to college in a year. He's still ... Scotty. And superstar status — or lack thereof —

won't change much.

"People, they bring that up a lot," McCreery said. "For me it's not so much about that aspect. The other Idols, they have a lot of success in what they're doing. They get to do music



► Scotty McCreery



More saving.  
More doing.®

**FIND MORE**  
at homedepot.ca



**SPECIAL BUY**  
**SAVE \$5**  
**\$29<sup>99</sup>** WAS \$34.99  
**SCOTT'S® Turf Builder® WinterCare® Fall Lawn Fertilizer 30-0-9 • 5.9kg**  
• Strengthens and protects for a better lawn next spring (1000663420) **While quantities last.**

**LOWER PRICE**  
**NOW \$14<sup>99</sup>** WAS \$19.99  
**SCOTT'S® Turf Builder® EZ Seed™**  
• 50% thicker grass with half the water • Grows anywhere guaranteed (1000666185)

**LOWER PRICE**  
**NOW \$99** WAS \$119  
**RUBBERMAID® 12 Cu. Ft. Deck Box • 56"W x 26"D x 25"H**  
(1000138797)

## WE'RE LOWERING THE COST OF MAINTAINING YOUR HOME

► Find hundreds of ways to make your home improvement dollar go further in-store and online.

**LOWER PRICE**  
**NOW \$79** WAS \$99  
**Set of 2 Parson Chairs**  
• Espresso finish legs  
• 24"W x 18"D x 42"H  
(1000659503)

**LOWER PRICE**  
**NOW \$24<sup>99</sup>** WAS \$28.88  
**RUBBERMAID® Reveal Spray Mop • Safe to use on vinyl, hardwood, laminate and tile** (1000683401)

**LOWER PRICE**  
**NOW \$10<sup>99</sup>** WAS \$14.99  
**18" Bulldozer Push Broom**  
• Multi-purpose broom for indoor/outdoor use • Steel handle with hanging hook  
(1000174886)

**LOWER PRICE**  
**NOW \$999** WAS \$1099  
**CUB CADET® 24" Snow Thrower**  
• 208cc OHV engine • Electric start  
• 3-year limited warranty (1000659218)

Limited time or while quantities last. Offer valid at The Home Depot Canada. Not valid in combination with any other offer. Some exceptions may apply. Selection varies by store and quantities are limited. Offer valid to Canadian residents only. No substitutions or rain checks. See Store Associate or Special Services Desk for details or visit homedepot.ca. Prices may vary after Wednesday, October 12, 2011 if there are any market variations. We reserve the right to limit quantities to the amount reasonable for homeowners and our regular contractor customers. ©2011 HOMER TLC, Inc. • 10/11

# SOFI climbing the ladder



PAT HEALY

SCENE@METRONWS.CA  
METRO WORLD NEWS IN BOSTON

Though SOFI stands for "Some Other Female Interest," Sofia Toufa is more than the first two words of her moniker might lead you to believe.

The singer, currently on tour as a singer with

Deadmau5, boasts a résumé that reads more like an iPod on shuffle, working with artists like Motley Crue, will.i.am, Britney Spears and Avril Lavigne.

As a featured performer on the sold-out Deadmau5 dates, she sings on two of the heaviest songs in the set, SOFI Needs a Ladder and One Trick Pony.

"I'm actually just doing those two songs," she says. "And it's kind of funny because I was like, 'This is the shortest show I've ever done in my life,' but at the same time it's so long, because SOFI Needs a Ladder alone is like seven minutes."

But this may be the last time Toufa plays the supporting role for a while.

She drops her *Locked and Loaded* EP this month.

"I absolutely feel like I'm in the waiting room right now," she says.

Working with producers Skrillex, Noisia and Millions Like Us, the songs may be the poppiest offerings to ever be grouped in the dubstep genre.

The first two songs, *Broken Souvenirs* and

*Bring Out the Devil* may have a sinister feel, but the EP's final number, *Again Sometime* — with its huge hopeful hook and sexy slinking bass — is a contender for the make out song of 2012.

"It's basically a little trilogy," Toufa says of the EP's three songs, "a dramatic love story gone wrong."



► SOFI's album *Locked and Loaded* is due out this month.





JEFF CHRISTENSEN/THE ASSOCIATED PRESS

every day for the rest of their lives. They may not have the most mainstream, big success, but they're still doing what they love. And we talked to some of the Idols when they came to the show about that. Right now, we're doing what we feel's right."

McCreery, who turns 18 on Sunday, had a fairly simple and normal life until about a year ago. From small town Garner, N.C., he was a pitcher and a mem-

ber of the chorus with an unbelievably deep voice who occasionally participated in small talent shows.

A year later he's a TV star, a veteran of a national tour and he and his family face a myriad of decisions — from which songs to record to complicated financial dealings — that could have a profound effect on his life for decades to come. Way more worrisome than whether he can hit the high notes.

"There's never been a teenage boy to really make it in country music so there's no formula for what he should do," Scotty's mother, Judy, said. "So I do sit back and wonder if this is the right move ... Things have been chugging along and all the right things are happening and all the right people are in his path, so I'm just trying to let go and let nature take its course. Something's working."

THE ASSOCIATED PRESS

**39M**

McCreery's fans turned out in record numbers to help with his victory on American Idol. More than 39 million people watched the final episode and the 122.4 million votes cast for the finale set a new mark.



More saving.  
More doing.®

**TOUGHEN UP  
TO THE  
MAX**

Offer valid until Monday, October 31, 2011

**FREE<sup>†</sup> 20V BATTERY**  
Value of \$49.99 (1000719497)

when you purchase a DEWALT® 20V Tool or Combo Kit  
INSTANTLY with in-store coupon (while quantities last, limit 1 per household)



**FREE<sup>†</sup>**  
20V Battery  
\$49.99 Value

**new!**

**\$249**

2-Piece DEWALT® 20V  
Compact Hammerdrill/Impact  
Driver Combo Kit  
• 2.8 lbs. — reduces fatigue  
(1000708309)



**DEWALT**

**20V MAX\***  
LITHIUM ION

**MAXIMIZED PERFORMANCE\*** up to 57% faster\*\*  
**MAXIMIZED RUNTIME\*** up to 35% more runtime\*\*  
**MAXIMIZED DEWALT.®\***

\*Maximum initial battery voltage (measured without a workload) is 20V. Nominal voltage is 18.  
\*\*Vs. leading 18V Lithium-Ion tools.

**FREE<sup>†</sup>**  
20V Battery  
\$49.99 Value

**new!**

**\$228**

DEWALT® 20V 1/4" Compact Impact  
Driver • 2,800 RPM — up to 43% faster  
than current impact drivers (1000708317)



**FREE<sup>†</sup>**  
20V Battery  
\$49.99 Value

**new!**

**\$209**

DEWALT® 20V Lithium-Ion  
Compact Hammerdrill • 2,000 RPM  
— 33% higher RPM (1000708407)



**FREE<sup>†</sup>**  
20V Battery  
\$49.99 Value

**new!**

**\$329**

DEWALT® 20V Lithium-Ion Premium  
Hammerdrill • 3.0 Ah Lithium-Ion provides  
up to 14% additional runtime (1000708316)



**FREE<sup>†</sup>**  
20V Battery  
\$49.99 Value

**new!**

**\$399**

3-Tool DEWALT® 20V Max/12V Max  
Mix Kit • World's first low and high  
voltage compatible system (1000708318)



†Free DEWALT® 20V Battery (1000719497). Purchase of a DEWALT® 20V Tool or Combo Kit required. Some exceptions may apply. Selection and price may vary by store. Quantities are limited. Offer valid at The Home Depot Canada. Not valid in combination with any other offer. We reserve the right to limit quantities to the amount reasonable for homeowners and our regular contractor customers. No substitutions or rain checks. See Store Associate or Special Services Desk for details.



HANDOUT

## Bieber to get some big-name help on X-Mas album

GETTY IMAGES

It's only October, but Justin Bieber is already thinking about sleigh bells.

The Stratford, Ont., pop star will release the star-studded Christmas CD Under the Mistletoe on Nov. 1.

The album will feature several splashy collaborations, including a duet with R&B diva Mariah Carey on her hit song, All I Want For Christmas is You.

The 17-year-old Bieber

will also mingle with his mentor Usher on The Christmas Song (Chestnuts Roasting on an Open Fire).

And the disc will feature collaborations with '90s R&B group Boyz II Men, rapper Busta Rhymes and country trio The Band Perry.

Under the Mistletoe will be a mix of traditional tunes — including Silent Night and Santa Claus is Coming to Town — and original material, some of

which was co-written by Bieber.

The CD will hit stores in a standard form and in a deluxe version with four extra tracks and a DVD featuring behind-the-scenes footage.

It'll be released roughly a week after Bieber's fellow Canadian Michael Buble launches his own holiday disc titled Christmas, which will feature Shania Twain.

THE CANADIAN PRESS



▶ Justin Bieber

## TV picks



## Gyllenhaal goes wild

**IN ICELAND.** Man vs. Wild launches its seventh season on Friday with a big-time guest star: Oscar-nominated actor Jake Gyllenhaal.

The Source Code star accompanies host Bear Grylls to Iceland, where he'll go wherever Bear goes and eat whatever Bear eats. (Discovery)

## The puck drops

**NHL IS BACK.** Hockey fans across the country are giving thanks for the return of the NHL this holiday weekend.

The return of Hockey Night in Canada brings an all-Ontario showdown between Ottawa and Toronto on Saturday, followed by a matchup between Calgary and a Pittsburgh Penguins team still missing ailing captain Sidney Crosby. (CBC)

## Stiller on SNL

**FOSTER THE PEOPLE TO PERFORM.** With his new buddy-comedy Tower Heist a month away from hitting theatres, Ben Stiller is stealing the spotlight on Saturday Night Live for his second hosting stint. (NBC, Global)

THE CANADIAN PRESS

# The horror, the horror

► And you thought Glee was scary?  
► Watch the creators' new 'psychosexual thriller' American Horror Story



AMBER RAY

SCENE@METRONEWS.CA

METRO WORLD NEWS IN NEW YORK

American Horror Story involves a kleptomaniac neighbour, murder-suicide and sex with a ghost in a full-body latex suit.

And that's just the first hour.

The latest from Ryan Murphy and Brad Falchuk — yes, the team behind Glee — finds the duo in a much more Nip/Tuck state of mind.

Murphy calls his new FX Canada drama a "psychosexual thriller."

It's scary alright, with an intense focus on sexual frustration and fragile relationships — the motivation for the Harmons (Dylan McDermott and Connie Britton) to move their teen daughter (Taissa Farmiga) across the country and into a (haunted!) house is a fresh start after Dad's affair and Mom's miscarriage.

"The show talks about all kinds of American horror stories that we are being bombarded with on a day-to-day basis," Murphy says.



► Connie Britton, Dylan McDermott and Taissa Farmiga star in American Horror Story.

"The main thing when we were writing the script, it was never really about horror, although that certainly was in the water. It really was about a marriage and infidelity."

But don't worry — there are plenty of old-school

scares in the pilot, which opens with a gorgeously creepy homage to horror classics like The Shining.

"When we were coming up with this, I'm like, 'Remember how good Dark Shadows was, how gothic?'" Murphy says of the

cult soap opera featuring vampires and other supernatural ghoulies.

"It had all these interwoven stories about sex and marriage and obsession. And I felt that there sort of wasn't that on the air right now."

## Service Directory

To advertise contact Carmen Kuhmayer at 403-539-4950

## HEALTH AND WELLNESS



You are all invited to join us for Meditation on Twin Hearts on Friday evenings at 7:30 PM. This is a simple, yet powerful meditation with physical, mental, & psychological benefits. This meditation is free and open to people 16 years and older.

To learn more about this meditation, visit us at

[www.bodhiwellbeing.com](http://www.bodhiwellbeing.com) or call 403-918-6225

## FINANCIAL AND CONTRACTORS

## NEED MONEY?

✓ No credit checks  
✓ Fast approvals

call 1-866-499-5629

And get cash now!!  
[www.mynextpay.com](http://www.mynextpay.com)

## INTRODUCING COMMUNITY EMPORIUM

Calgary's New Place to go for Classified Ads and Local News!

Register on our site for a chance to win prizes!

[communityemporium.com](http://communityemporium.com)

## PSYCHICS

## MYSTIC EYE SPIRITUAL READINGS

57 YEARS EXPERIENCE  
100% Guaranteed Results

Come in today for a better tomorrow

SPECIALIZING IN REUNITING LOVED ONES  
REMOVES ALL BAD LUCK SPELLS AND NEGATIVE ENERGY

1/2 price SPECIAL  
Palm • Tarot • Energy Readings

403.228.2258 BY APPOINTMENT ONLY

SOLVE ALL PROBLEMS OF LIFE

THE ENCLAVE AT CASTLE KEEP

CONTEMPORARY.  
STYLISH. AFFORDABLE.  
NEW WESTSIDE TOWNHOMES.

1170-1450 square foot two & three bedroom townhomes with two car attached garages in Aspen Hills. VIP registrations at [homesbyavi.com/theEnclave](http://homesbyavi.com/theEnclave)

FROM THE LOW \$300s

AVIurban

Prices subject to change without notice. T02E

## LOVE TO PLAY?

Get more Metro puzzles and games on your iPhone with the FREE Metro Play app — updated daily!

Available on the App Store

metro play





# The sexiest people ever

► We took the top traits of today's hottest celebs and melded them into the perfect couple ► What's better than Bradley Cooper? Someone with his eyes and Robert Pattinson's hair and James Franco's mouth...



**EYES**  
**BRADLEY COOPER**

- He joked on Ellen about starting a campaign to be named Sexiest Man Alive. Said the host: "I look at your eyes and I go, Wow, those are some blue eyes. They sparkle like there's an evil light coming out. In a beautiful way."



**NOSE AND EYEBROWS**  
**DAVID GANDY**

- The blogosphere went crazy over the model's Dolce&Gabbana book—and so did we. The first shot is a full frontal nude and it gets more NSFW from there.



**HAIR**  
**ROBERT PATTINSON**

- One of Glamour UK's sexiest men alive would top any list, but his vampire hair sparkles.

Visit a Scotiabank® branch and you could

**WIN a**  
**\$10,000**  
**PRIZE!**



Buy your Fee-Free®  
American Express®  
Travellers Cheques  
at Scotiabank.

ALSO VISIT WEEKLY FOR YOUR CHANCE TO WIN \$500!  
[metronews.ca/scotiabank](http://metronews.ca/scotiabank)



® Registered Trademark of the Bank of Nova Scotia. ©1 Used by Amex Canada Inc. under license from American Express. \*No purchase necessary. Contest Sponsors: Amex Canada Inc. and the Bank of Nova Scotia ("Scotiabank"). The Contest Period starts at 9:00 a.m. ET on October 3, 2011 and ends at 7:00 p.m. PT on November 30, 2011. The contest is open to all residents of Canada who have reached the age of majority in their province/territory of residence on or before October 3, 2011. To enter, purchase in a single transaction, \$1,000.00 CDN equivalent in American Express Travellers Cheques at any Scotiabank branch during the Contest Period. There is one (1) prize available to be won consisting of \$10,000.00 cash deposited into a Scotia Money Master® Savings Account. Odds of winning depend on the number of eligible entries received. Winner must correctly answer a mathematical skill-testing question. To opt out of automatic entry into this Contest, email your request with your full name and address to the Independent Contest Organization at: [amexoptout@themarcocorporation.com](mailto:amexoptout@themarcocorporation.com). For complete rules and regulations including information about how to make a no purchase entry visit [www.scotiabank.com/travellerscheques](http://www.scotiabank.com/travellerscheques) or your local Scotiabank branch for details.



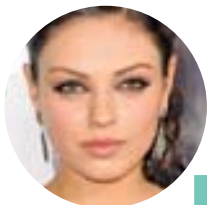
**FACE SHAPE AND MOUTH AND CHIN**  
**JAMES FRANCO**

- His puss was run through a "beautification engine," a software program that makes you better looking, developed by Tel Aviv researchers in 2008. The result: no changes. Dude's perfect.



**BODY**  
**RYAN REYNOLDS**

- The Green Lantern was voted last year's Sexiest Man Alive by People Magazine, mainly because of his sense of humour. Probably had nothing to do with those ABS.



**EYES**  
**MILA KUNIS**

- In Friends with Benefits, Justin Timberlake compliments her breasts once — but her eyes twice.



**BODY**  
**KIM KARDASHIAN**

- Her sex tape is the most viewed on YouPorn. And it's not because of her big brain.



**NOSE**  
**ZOE SALDANA**

- One of Entertainment Weekly's 30 sexiest women is hot in every role, even as a blue Na'vi in Avatar.

**FACE SHAPE AND HAIR**  
**ROSIE HUNTINGTON-WHITELEY**

- FHM readers voted her the sexiest woman alive.



**MOUTH**  
**LARA STONE**

- The gap between her teeth hasn't prevented her from being one of Forbes mag's top-earning models of 2011. ● MIA KORAB

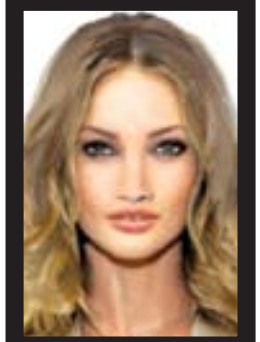
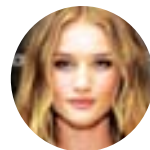


ILLUSTRATION: MIA KORAB/METRO WORLD NEWS

# SUNRIDGE NISSAN ANNUAL TITAN CLEAROUT EVENT!



**27  
remain!**



**ALL TITANS PRICED AT  
COST OR BELOW COST!**

# \$29,478

## \$175 BI-WEEKLY



**UP TO  
\$2,500 IN GAS!  
WITH PURCHASE**

\*O.A.C., taxes and fees not included, errors and omissions exempt

## SUNRIDGE NISSAN

**sunridgenissan.com**  
**403-705-8413** AMVIC  
LICENSED

36

metro

metronews.ca  
WEEKEND, OCTOBER 7-10, 2011

## Ed Helms: Why the Nard-Dog is now boss

► Andy Bernard makes a surprise rise to the top at Dunder Mifflin — or is it a natural progression?

MICHAEL BUCKNER/GETTY IMAGES



► Office buddies: Ed Helms and John Krasinski



**HEIDI  
PATALANO**  
SCENE@METRONEWS.CA  
METRO WORLD NEWS IN NEW YORK

Andy Bernard always seemed like a loveable loser in the workplace of Dunder Mifflin.

Who knew that after four years of pushing paper on NBC's best-rated comedy, *The Office*, Ed Helms and his character would rise to the top, replacing Steve Carell's Michael Scott as regional manager?

Helms doesn't exactly know, but he and one of the show's creators and stars, Paul Lieberstein (a.k.a. hapless HR manager Toby Flenderson) recently spoke about this season's transition.

**There were rumours that you'd bring in new talent to take on Michael's role at Dunder Mifflin. How did you arrive at the decision to promote from within?**

Lieberstein: The natural question was, should we

continue after Steve Carell leaves? The answer was clear when we said, "Our cast is amazing and we don't need anybody else."

We still want to watch our cast. We still want to write for our cast.

Although different names were batted around at times, we never really considered changing the focus of the show to anyone else but our people.

**Were members of the cast vying for that spot?**

Helms: There was a lot of internal wondering and questioning what was next, "Who might be the next boss?" But I think it's a testament to the cast and the dignity of everyone involved that we all took a backseat to the creative considerations upstairs and were eager to support whatever decision came down.

**What is it about Andy that made him the best person to**

**be regional manager?**

Lieberstein: He can take the role of father of the family, partly through insecurity and partly through genuine affection. He's really caring and interested and empathetic. Any problem that anyone is having, he would feel very deeply — which makes him suited to be a comic relief in the show.

**Considering their office rivalry, what are Andy's plans for managing Dwight Schrute (Rainn Wilson)?**

Helms: Dwight is someone who responds very well to a firm hand of leadership. Andy is searching for that a little bit, but in that first episode we started to see the very first inkling of a backbone in Andy.

I'm excited about it because it makes Andy's leadership more plausible, and it also shows you where Andy has to go.

Dwight provides a constant friction for that.



# Ashton moves out

► Friends deny it's because of his cheating

Ashton Kutcher has reportedly moved out of the home he shares with Demi Moore, according to Life & Style, though a source close to Kutcher says it has less to do with his current cheating scandal and more with trying to help his wife confront her own issues.

"Demi had been sober for a long time — decades — but recently it's gotten bad," the source says. "He may have fooled around with this girl, but his wife is his priority. Ashton's trying to deal with Demi's problems."

● METRO



► Ashton Kutcher and Demi Moore

PHOTOS: GETTY IMAGES

## Aniston on baby: maybe is OK

Jennifer Aniston knows there's plenty written about her and her possible desires to be a mom. Even a recent visit to the doctor with boyfriend Justin Theroux prompted speculation about family planning. But despite reports, Aniston isn't baby-mad. "It's not what you read. There's no desperation," she tells Elle magazine. "If it's meant to be,



► Jennifer Aniston

it's meant to be. I'm at peace with whatever the plan is." ● METRO

## Spice life wasn't so easy: Mel C

Melanie Chisholm — or Mel C, as she was known in the Spice Girls — admits that the glare of media attention during the girl group's heyday caused her to become depressed and bulimic. "I was young and impressionable, and I found it hard to read about myself," she tells the Daily Mail. "The tabloids were cruel about my appearance." ● METRO



popping the question "around the one-year mark of their dating" this winter, the source says. "He's madly in love and knows she's the one." ● METRO

## Hard to keep a secret

Kristen Stewart has taken great pains not to confirm her relationship with Twilight co-star Robert Pattinson, but one candid moment at a photo shoot for the U.K. edition of GQ may have undone all that work. The interviewer overheard Stewart say she hoped to travel around England "because my boyfriend is English," though when asked about the comment during their interview the next day, the actress uncomfortably admitted, "I never would have said that if I knew you were interviewing me." ● METRO

## Barrymore tying knot soon?

Drew Barrymore "is yearning to get married and have kids," a source tells Us Weekly. So it's a good thing her boyfriend, Will Kopelman, has been considering proposing, possibly

### Celebrity tweets



"Oh, Red Sox. You're too cute with your collapsing and what not."



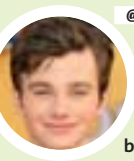
@ElizabethBanks

@woodelijah

"Would be happy to be stuck in a Target with Jennifer Connelly"



@chriscolfer



"It was a mistake to put up that hummingbird feeder. Now they look at me like I'm their dealer. I'm afraid to go outside."



@therealzooeyd

"shouldn't the term 'I slept like a baby' mean you slept 3 hours and then cried until someone fed you?"



► Johnny Depp

## Depp apologizes for comment

Johnny Depp's comparison of having his photo taken to being raped didn't sit well with the Rape, Abuse and Incest National Network, according to Hollyscoop. Depp had made the comment during an interview with Vanity Fair, and after the advocacy

group made their concerns known, the actor was quick to apologize: "I am truly sorry for offending anyone in any way. I never meant to. It was a poor choice of words on my part," Depp said in a statement. "Please accept my heartfelt apology." ● METRO

THE ENCLAVE  
AT CASTLE KEEP

**CONTEMPORARY.  
STYLISH. AFFORDABLE.**

NEW WESTSIDE TOWNHOMES.

1170-1450 square foot two & three bedroom townhomes with two car attached garages in Aspen Hills. VIP registrations at [homesbyavi.com/theEnclave](http://homesbyavi.com/theEnclave)

FROM THE LOW **\$300s**

AVIurban

Prices subject to change without notice. EOSE

**Human Services Diploma in 12 Months**

Are you interested in a career in the field of Education, Rehabilitation, Child & Youth Services, or Social Work Assistance? This professional program provides opportunities for Careers in all four areas. Students may also transfer credits to go on to complete the last two years of a 4-year University Degree. Potential to earn an income of between \$15.99 - \$18.91/hr or more to start.

Students succeed in small class sizes which are led by instructors who combine academic qualifications with extensive years of practical experience.

Free upgrading courses are available to assist learners in meeting minimum entrance requirements. Students also benefit from a practicum.

Start dates every 5 weeks! Call now - (403) 648-2265

802 Manning Road NE Calgary, AB  
[www.columbia.ab.ca/m](http://www.columbia.ab.ca/m) / Outside Calgary: 1-888-235-9370



# 3 life

## Turkey safety



The safest way to be sure that your turkey is done is to check it with a meat thermometer.

Temperatures should reach minimums of 180°F (82°C) deep in the thigh and 165°F (74°C) in the center of the stuffing.

NEWS CANADA/  
BUTTERBALL



Scan this code for the top five "make it better" turkey tips.

# Modern Thanksgiving

► For a new twist on your holiday feast, replace tired sausage stuffing with Pear & Chestnut Stuffing ► Swap Pumpkin Pie for Pumpkin Mousse



► The stuffing will serve 12 to 16 people, while the mousse makes eight to 12 servings.



## Pear and Chestnut Stuffing

golden. EMILY RICHARDS/  
THE CANADIAN PRESS

The juiciness of pears keeps the bread moist and cooking the vegetable mixture helps to create an even flavour throughout the stuffing. Chestnuts add texture and the pre-roasted variety are easy to use.

### Preparation:

- In non-stick skillet, melt butter over medium-high heat and cook pears, onion, garlic, carrots, celery, sage and parsley about 25 mins. or until softened and starting to golden. Add chestnuts and stir to combine. Add bread and salt and toss to combine. Scrape mix into baking dish, cover and bake in a 160 C (325 F) oven for 45 mins. Remove foil and bake for about 15 mins. longer or until crisp on top and

## Pumpkin Mousse

Try this luscious take on the traditional pumpkin pie. The walnut and pumpkin mousse filling with mascarpone cheese will have your family and friends asking for seconds.

### Preparation:

- Preheat oven to 160 C (325 F). Then in work bowl of food processor, combine graham crackers, sugar and butter and blend until mix is consistency of wet sand. Press crust into bottom of a non-stick 23-cm (9-inch) springform pan. Bake 10 mins. or until golden. Set aside.
- Sprinkle gelatin in 125 ml (1/2 cup) of water, stir and let sit 5 mins. Boil remaining water,

add to gelatin and stir until dissolved. In a separate bowl, whip whipping cream until stiff peaks form; set aside.

- In large bowl, combine pumpkin pie filling, walnuts, mascarpone, honey, cinnamon and

nutmeg, stir well. Add gelatin. Fold in whipped cream until combined and pour mousse into springform pan. Gently shake cake pan to release air bubbles and smooth out surface. **THE CANADIAN PRESS/WALNUTINFO.COM**

### Shopping List:

#### Pear and Chestnut Stuffing

- 50 ml (1/4 cup) butter
- 4 Bartlett pears, cored and chopped
- 1 large onion, chopped
- 4 cloves garlic, chopped
- 2 carrots, chopped
- 2 stalks celery, chopped
- 45 ml (3 tbsp) fresh sage
- 45 ml (3 tbsp) chopped fresh Italian parsley
- 1 bag (300 g) roasted peeled chestnuts, chopped
- 2 l (8 cups) cubed sourdough or potato bread
- 1 ml (1/4 tsp) salt

#### Pumpkin Mousse Cake

- 32 graham crackers
- 30 ml (2 tbsp) dark brown sugar
- 125 ml (1/2 cup) butter, melted
- 30 ml (2 tbsp) gelatin powder
- 250 ml (1 cup) water
- 250 ml (1 cup) whipping cream
- 1 can (540 ml/19 oz) pumpkin pie filling
- 250 ml (1 cup) walnuts
- 250 ml (1 cup) mascarpone cheese
- 125 ml (1/2 cup) honey
- 5 ml (1 tsp) cinnamon
- 2 ml (1/2 tsp) nutmeg

## A toast to the side dishes



**PETER ROCKWELL**  
LIQUIDASSETS@EASTLINK.CA  
TWITTER: @THEREALWINEGUY

If you're into wine, you have to love Thanksgiving. There's no gifts, no egg hunts and no dressing up. Thanksgiving is about food, family and a good bottle of vino.

Though roast turkey is the star, it isn't your main concern when it comes to a liquid marriage with your festive feast. All those side dishes that make a huge holiday meal special, influence the table more than the gobble.

As grapes go, pinot noir is a classic match on the red side (think California) with chardonnay (one that's not too oaky from France or Canada) topping my list of whites.

If you want to think outside the bottle, a spicy white grape like gewürztraminer or a plush, floral grape like viognier are options.

In red, France's Beaujolais region is famous for its gamay-based wines with a rich, berry-fruited version like the strikingly packaged Georges Duboeuf 2010 Brouilly (\$16.95 - \$22.49) meaty enough to meet the turkey head on and soothing enough to make nice with all the fixings. **PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



Buy For:  
\$59

WagJag.com

DEAL OF THE DAY!

63% OFF FALL LAWN CLEAN-UP BY CLEAN SWEEP

### HIGHLIGHTS

- Remove leaves & debris.
- Professional equipment and staff.
- Fully insured company.

Regular Price: \$159

You Save: \$100

Discount:

63%





ISTOCKPHOTO/THINKSTOCK

# TAKE CONTROL OF YOUR MENTAL HEALTH

## IN MANY WAYS, PRESERVING MENTAL HEALTH IS MUCH LIKE MAINTAINING A HEALTHY BODY

Strategies like going to the gym and eating properly help keep you mentally as well as physically fit.

And just like it's up to you to keep your heart and bones healthy, you also have to take control of your own mental health. "You own it; it's your mind, and you need to give it as much attention as you give to your physical body," says Connie Krahenbil, Executive Director, Canadian Mental Health Association Manitoba, Winnipeg.

Managing stress is a big part of maintaining mental health, and each person has to discover the stress management approach that works best for him or her, says Krahenbil.

"Maybe your thing is going to the spa once a month, or maybe your thing is walking every day." She refers to the parable of the man who mentally hangs his troubles on a "worry tree" outside his house every day so they won't interfere with his family life.

The key is to find the right balance, says Krahenbil. Her own strategy is to make a conscious effort to turn off her Blackberry every evening, to meditate, to be outside in the fresh air, to find time to spend on herself, and to exercise as much as she can. "It doesn't have to be going to the gym; it could be something like gardening."

Getting enough sleep, too, is another "precious" ingredient to mental health, says Krahenbil, who takes steps to avoid sleep "getting behind me" because she knows what that can do to her overall health.

Just as with physical health, it's

important to be committed to mental fitness and to incorporate these steps into your everyday life.

Recognizing when you need to "reach out" and talk to someone you trust is also important. Everyone has felt sad or blue at one time or another, but too often, you don't want to bother anyone so you withdraw, maybe cry alone in your room. But when you do talk to a friend, "you always feel 100 times better," says Krahenbil.

Sometimes these strategies aren't enough and you may need to seek out an expert. But this should be no

different than someone who has diabetes, who has to see his doctor regularly and take insulin or other medications to treat the disease.

It's important to acknowledge that you have an illness and to accept it. "We all have our crosses to bear," says Krahenbil.

And it's important not to rely solely on medication such as antidepressants to make you well. "The work is up to you," says Krahenbil. "Taking those pills is just half of it, just like insulin is just half of it for a person with diabetes."

—Pauline Anderson

## DID YOU KNOW?



- World Mental Health Day takes place on Monday. This year's theme is "investing in mental health."
- According to Health Canada, one in five Canadians will experience a mental illness in their lifetime. The remaining four will have a friend, family member or colleague who will.

JACK HOLLINGSWORTH/DIGITAL VISION/THINKSTOCK

## MENTAL HEALTH A BASIC HUMAN RIGHT

In the future, mental health will be viewed as a basic human right across Canada.

"Just as with physical disabilities and HIV/AIDS, mental health will be linked to human rights, empowerment, dignity and respect," says Peter Coleridge, National Chief Executive Officer, Canadian Mental Health Association (CMHA) Toronto.

Making this happen will need more than merely messages and campaigns "that in isolation, don't have a sustained impact," says Coleridge. It will also require

changes in public policies, behaviours and attitudes to mental health in the work place, in schools, and elsewhere.

The CMHA vision for the future also includes the 120-plus CMHA regional offices not only continuing to respond to local mental health needs, but also working together in a synergistic way to improve understanding surrounding mental health issues.

Canada will soon have its own a national mental health strategy, says Coleridge.

# WORKPLACE MENTAL HEALTH AFFECTS BOTTOM LINE

JUPITER IMAGES/THINKSTOCK

Canadian companies are beginning to realize that workplace mental health is important to their bottom line, that lost productivity and absenteeism can cost them dearly.

“Organizations should make it part of their strategic plan to address the issue of workplace mental health directly,” says Donna Hardaker, workplace mental health specialist, Canadian Mental Health

Association, York Region.

Across corporate Canada, there still exists a kind of “don’t ask; don’t tell” attitude when it comes to mental illness. “People have to hide it if they have a mental illness because discrimination is alive and well,” says Hardaker.

Companies should increase workplace mental health “literacy,” she says. Suggested strategies include:

- Inviting expert speakers;
  - Encouraging employee teams to put mental health on their meeting agendas;
  - Incorporating training for all levels of staff;
  - Equipping managers with the tools and skills to address mental health issues.
- Hardaker also recommends coaching managers or supervisors to “listen, appreciate and value employees,” to be flexible, and to find the resources that are necessary to assist an employee experiencing problems. “It’s thinking outside the box; there’s not one-size-fits-all when it comes to accommodating employees.”

Companies should also look at how they approach issues such as job stress and work-life balance. “Are we proactive around these issues or do we wait for someone to say, ‘I have a problem, can you help me?’”

They should also assess their internal culture — looking at things like how supportive employees are towards each other and the policies and processes related to harassment and discrimination.

As well, companies should take a hard

look at issues surrounding the return to work. When employees return from disability leave for a mental health issue, it’s important there be a supportive atmosphere with appropriate accommodations and social support, says Hardaker. She notes that being off work for long periods in itself contributes to mental illness, partly because our work is so wrapped up with our identity.

— Pauline Anderson

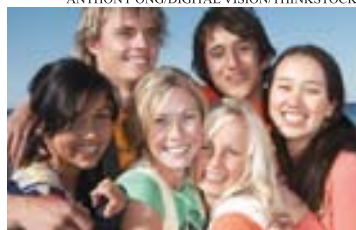
## BY THE NUMBERS

• Every day, 500,000 Canadians are absent from work due to psychiatric problems.

• Mental Health is the number one cause of disability in Canada, accounting for nearly 30 per cent of disability claims and 70 per cent of the total costs.

SOURCE: Insurance Journal 2003 as cited by the Government of Canada in The Human Face of Mental Health and Mental Illness in Canada, 2006, pg. 41.

ANTHONY ONG/DIGITAL VISION/THINKSTOCK



# HELPING TEENS EARLY KEY TO SUCCESS

Identifying and treating mental illness early on can save a teenager from worsening symptoms, self-blame and a lifetime of addictions, panhandling and prostitution.

Research shows that mental illness in people up to the age of 25 is the biggest single burden of any disease in this age group. For some experts, reducing this burden involves investing more

resources in early identification of mental disorders, in easier access to proven and cost-effective therapies, and in creating a “one-stop” system of health care that addresses mental as well as physical health under one roof.

As it stands, 70 per cent of mental disorders can be diagnosed in young people, but they often get overlooked. Rodney Baker, Executive Director, Canadian Mental Health Association, Simon Fraser Branch, talks about a woman in her 30s only recently diagnosed with bipolar disorder (formerly called manic depression). Her life took a downward spiral as a teen, followed by marriage to a biker and alcoholism, and generally a “wrecked” life.

A program in the area called Youth Supportive Independent Living (YSIL) tries to prevent such scenarios. It helps young people aged 16 to 21 years who suffer a mental illness find housing and develop skills for independent living.

Caseworkers encourage these

youngsters to work or go to school, and to socialize. “Nobody has been known to get well from a mental illness sitting in their room by themselves,” says Baker. “We encourage them to pursue their goals — realistic, achievable and beneficial goals.”

Many of these young people have been homeless and been tempted to take drugs just to feel happy. “If you do crystal meth, you don’t sleep for three or four days, so no one steals your stuff, and you don’t eat so you don’t have to worry about coming up with money to buy food,” says Baker.

Some of the young clients have been turned out of the family home for a multitude of reasons. Their parents may not be able to accept their child’s mental illness, may not have the resources to properly care for their child, are addicted themselves, or may even have died.

The program boasts some success stories. “We have had people from our program who have gotten well, finished

school, gotten married, and had kids,” says Baker.

Acceptance of the mental illness is an important ingredient of such successes. But it’s something that is especially difficult for young, impressionable kids who just wants to fit in with their peers.

— Pauline Anderson

## BY THE NUMBERS

• 70 per cent of mental health problems and illnesses have their onset during childhood or adolescence.

• Young people age 15-24 are more likely to report mental illness and/or substance use disorders than other age groups.

SOURCES: Government of Canada, The Human Face of Mental Health and Mental Illness in Canada, 2006, and Statistics Canada: Canadian Community Health Survey: Mental Health and Well-being, 2003



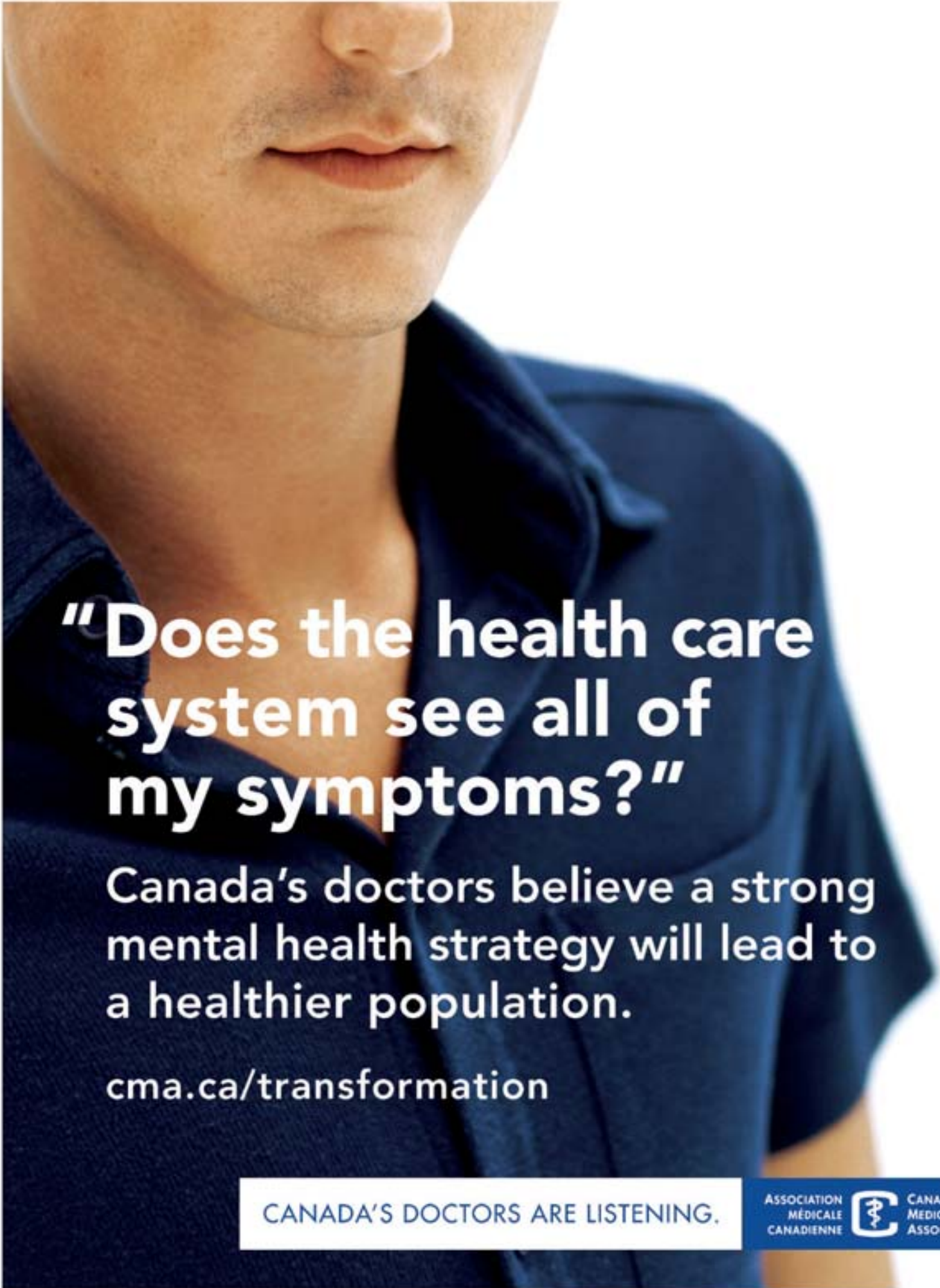
Productive Workplaces  
begin with happy & healthy employees



Employee Assistance Program

Contact Your Group Insurance Advisor for more information





**"Does the health care system see all of my symptoms?"**

Canada's doctors believe a strong mental health strategy will lead to a healthier population.

[cma.ca/transformation](http://cma.ca/transformation)

CANADA'S DOCTORS ARE LISTENING.

ASSOCIATION  
MÉDICALE  
CANADIENNE



CANADIAN  
MEDICAL  
ASSOCIATION



STOCKBYTE/THINKSTOCK

# MINIMIZE HOLIDAY STRESS

It's Thanksgiving, a time to sit down for a traditional turkey dinner with family and friends. Sounds ideal. Trouble is, you're dreading it.

Here are some tips from Sandy Milakovic, Chief Executive Officer, Canadian Mental Health Association, Peel Branch, to minimize that mid-October stress.

**LOWER YOUR EXPECTATIONS** Remember that things don't have to be perfect.

**SET PRIORITIES** Pick your favourite thing to do — baking a pumpkin pie, for example — and get other people to organize the rest of the turkey dinner.

**ASK FOR HELP** (and accept the help that's given). Even very young members of the family can set the table — but don't complain if the forks aren't in the proper place.

**BUILD SOME BREAKS INTO YOUR HOLIDAY** To avoid being overwhelmed, spend time alone doing something you enjoy.

**DON'T OVERINDULGE** Alcohol is a depressant and loosens tongues, so you may say or do something you'll regret. And eating too much food can make you feel lethargic.

**TAKE DEEP BREATHS** This slows you down and allows you time to respond to a difficult situation.

## DELIVERING HOPE FOR MENTAL HEALTH



Canada Post recently unveiled a stamp that has a unique claim to fame. The company issues an annual fundraising stamp supporting mental health, its cause of choice. This year's stamp design was the first in the company's 160-year history to be chosen by public vote.

Last November, a competition was held to find a design for this year's

stamp, which raises funds for the Canada Post Foundation for Mental Health. THE PUZZLE — designed by Terrebonne, Que., resident Miriane Majeau — received the most points and now adorns more than 3.5 million stamps available at post offices across Canada. A dollar from the sale of every booklet of 10 stamps is donated to the Canada Post Foundation for Mental Health.

“Dealing with mental health issues is like putting a puzzle together,” says Majeau. “As you connect the pieces, something beautiful and whole is revealed.”

Since 2008, Canada Post employees have helped raise nearly \$5 million for the Foundation, and \$4.6 million in grants has been disbursed to nearly 100 non-profit organizations across Canada.

**STAY WITHIN YOUR BUDGET** Finances are a huge stressor. Consider celebrating the holiday with something other than a sit-down dinner. Spending time with your family could mean going on a hike together.

**HELP OTHERS** Volunteering at a food bank or donating clothing to families in need are guaranteed to boost your spirits and help you cope with any stressor that comes your way.

**THINK OF THOSE WHO ARE ALONE** Visit them or invite them over for something like a potluck dinner.

**CALL FOR HELP IF YOU NEED IT** If the holiday is making you feel depressed or down, call the crisis number in your community. Remember that feeling depressed is normal.

— Pauline Anderson



### Support mental health

Please buy a booklet of Mental Health stamps or make a donation to the Canada Post Foundation for Mental Health.



Canada Post Foundation for Mental Health

[canadapost.ca/hope](http://canadapost.ca/hope)



**AA pharma inc.**  
A little different than the rest.

Dedicated to distributing quality pharmaceuticals.

1165 Creditstone Road, Unit #1, Vaughan, ON, L4K 4N7  
Tel: (905) 669-0528 • [www.aapharma.ca](http://www.aapharma.ca)



Spirit. Of '67



ELSA/GETTY IMAGES

Reimer stands on his head as Leafs beat Habs to open season

Matthew Lombardi scored in his first game in almost a year and James Reimer picked up right where he left off as the Toronto Maple Leafs got their season off to a winning start. Reimer stopped all 32 shots he faced for his fourth career shutout and Lombardi provided the only offence Toronto needed in a 2-0 victory over the Montreal Canadiens on Thursday night. Dion Phaneuf had the other goal for the Leafs, who also opened last season with a victory over Montreal. THE ASSOCIATED PRESS

4  
sports

Quoted



**"The ones that I am really disgusted with ... are the bunch of pukes that fought before: Stu Grimson, Chris Nilan and Jim Thomson. (They say) 'Oh, the reason that they're drinking, (taking) drugs and alcoholics is because they're fighting.' You turncoats, you hypocrites."**

DON CHERRY. SPEAKING ON HIS POPULAR COACH'S CORNER SEGMENT, CHERRY CALLED OUT THE FORMER ENFORCERS FOR SUGGESTING THAT NHL PLAYERS WHO FIGHT ARE PRONE TO SUBSTANCE ABUSE.

## Cornish revisits B.C. football roots

► 'I knew he would get to this point in his career,' Stamps QB Burris says of young tailback

This weekend marks Jon Cornish's return to the West Coast where he grew up playing football.

Calgary's No. 1 tailback, from New Westminster, B.C., played high school games at Vancouver's BC Place and was named B.C. provincial high school player of the year in 2001.

The Stampeders (8-5) face the streaking Lions (7-6) at BC Place Stadium on Saturday and can clinch a playoff berth with a victory against a B.C. team that has six wins in a row.

Cornish moved ahead of the venerable Joffrey

Reynolds on Calgary's depth chart two games ago and quickly made his mark.

The 26-year-old was named the CFL's offensive and Canadian player of the week after running for 149 yards and scoring two touchdowns in Calgary's 40-3 win over Saskatchewan last Saturday.

In two games as a starter, he's had 22 carries for 233 yards. He was also named the CFL's top Canadian of September, with 336 rushing and 153 receiving yards.

"I always felt I could play



STAMPEDERS

LIONS

► Time: Saturday 8 p.m.  
TV: TSN

at this level," Cornish said. "It's just an opportunity presenting itself so I took advantage of it.

"Accolades are good and stuff but at the end of the day, I think it's a little too much for a guy who has only started two games right? You can never use one or

two games as a metric for determining any kind of information. I'm not about to give myself more credit than I deserve."

Calgary drafted Cornish in the second round (13th overall) out of the University of Kansas in the 2006 Canadian college draft. As a rookie in 2007, he got his feet wet in the CFL playing on Calgary's special teams and continued his slow rise as a backup to Reynolds.

In Week 13, Calgary head coach and GM Jon Hufnagel determined Cornish was ready to be the team's primary ball carrier.

## Yankees crumble in the Bronx

Don Kelly and Delmon Young hit first-inning homers, Doug Fister and the Detroit bullpen held on, and the Tigers edged the New York Yankees 3-2 Thursday night to win Game 5 of the AL series.

The Tigers advance to the AL championship series

against Texas.

Jose Valverde shut down the Yankees in the ninth as the Tigers eliminated New York in the division series for the second time in six seasons.

Fister, who lost in Game 1, stranded six runners in the second through fourth

innings, then allowed Robinson Cano's solo homer into the right-field second deck in the fifth.

Tigers ace Justin Verlander will start the ALCS opener at Texas on Saturday night against the Rangers' C.J. Wilson.

THE ASSOCIATED PRESS



NICK LAHAM/GETTY IMAGES

► Mark Teixeira reacts after he was stranded on first base when Nick Swisher struck out with the bases loaded.



# Reynolds' time appears to be up with Stamps

## CFL EXTRA POINTS

DAN TOTH

CALGARY@METRONEWS.CA



No matter how long one hangs out around pro sports, it's never easy to see a great athlete pushed to the sidelines.

A stunning example is Calgary Stampeders running back Joffrey Reynolds, the team's all-time leading rusher who recently lost his starting job to Canadian Jon Cornish. Reynolds has had a great run (literally and figuratively) over the past eight seasons. The Texan has cracked the top-10 for all-time CFL rushing yards and enjoys the remarkable distinction of having never missed a game due to injury. He has been benched the last two games to pro-

vide Cornish the starting role and now the veteran Stamps back may very well be finished at the ripe old age of 32. That's not old by most standards but in pro football terms, especially running backs, it's bordering on ancient. The Stamps deny shopping around Reynolds, a six-time 1,000-yard back, and it makes sense they'd keep the sturdy ball carrier on hand should Cornish come up lame as the playoffs approach.

Cornish had the best game of his career last week against Saskatchewan with 149 yards and two touchdowns, possibly signaling the end of an era.

### Dire without Durant:

The Saskatchewan Roughriders' slim hopes of slipping into a West Division playoff spot will be

dashed if quarterback Darien Durant's foot injury prevents him from playing against the Edmonton Eskimos Thanksgiving Monday.

Durant was injured last Saturday against Calgary as the Riders dropped to a division-worst 4-9. They can't

**"Cornish had the best game of his career last week ... possibly signaling the end of an era."**

catch front-runners Calgary or B.C., but there's a glimmer of hope they could sneak up on the 7-6 Eskimos, who the Green Machine play twice in October.

Ryan Dinwiddie, Durant's replacement, has seen little playing time this season but could be their only hope for a miraculous season-ending winning streak. Don't count on it.

### Bombers look like duds heading into Hamilton:

Can the Winnipeg Blue Bombers, so brash and outspoken during a 7-1 start

this season, rediscover their form after losing four of the last five games?

They'll get a chance Friday in Hamilton against their division rival Tiger-Cats with banged up Bombers starting quarterback Buck Pierce back in the lineup after sitting out last week's loss to Montreal with sore ribs.

The Tabbies, who trail Winnipeg by two points, have injury problems of their own. DB Milt Collins, acquired to shore up the leaky secondary, will likely miss the Bombers game.

Hamilton is still without centre Marwan Hage, who has been hobbled by a sprained knee, and wide receiver Matt Carter, out with a concussion. It's not how either team wanted to go into such a critical game while the Bombers, still in second place, need to regain that early season swagger heading toward the playoffs.



► Stampeders Jon Cornish runs against the Eskimos last month.



## PAYMENT DEALS OF THE WEEK

### 2008 Acura MDX AWD

Only 78,000 km  
#11080911

**Bi-weekly payments of only \$249**

### 2008 Acura RDX AWD - LOADED

Only 75,000 km  
#11081013

**Bi-weekly payments of only \$189**

### 2008 Honda Accord EX-L w/Nav

Loaded, leather  
#11070708

**Bi-weekly payments of only \$157**

### 2008 Lexus IS 250

Only 49,000 km  
#11080203

**Bi-weekly payments of only \$169**

### 2009 Honda Ridgeline EX-L w/SR 4WD

Only 77,000 km  
#11091218

**Bi-weekly payments of only \$219**

### 2008 Honda CRV EXL - LOADED

Only 78,000 km  
#11091217

**Bi-weekly payments of only \$169**



1.877.524.3753 • 55 Glenbrook Place S.W. • [www.hondawest.ca](http://www.hondawest.ca)

Follow us on  
Facebook and Twitter!



[www.facebook.com/hondawestcalgary](http://www.facebook.com/hondawestcalgary)  
[www.twitter.com/hondawest](http://www.twitter.com/hondawest)

All payments are bi-weekly at a term of 84 months with interest rates of 5.9%.



## NATIONAL HOCKEY LEAGUE

## EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
Toronto	1	1	0	0	0	2	0	2	1-0-0-0	0-0-0-0	1-0-0-0	1W
Philadelphia	1	1	0	0	0	2	1	2	0-0-0-0	1-0-0-0	1-0-0-0	1W
Washington	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Pittsburgh	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Tampa Bay	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Buffalo	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
NY Rangers	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Carolina	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
New Jersey	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Atlanta	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Ottawa	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
NY Islanders	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Florida	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Boston	1	0	1	0	0	1	2	0	0-1-0-0	0-0-0-0	0-1-0-0	1L
Montreal	1	0	1	0	0	2	0	0	0-0-0-0	0-1-0-0	0-1-0-0	1L

## WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
Vancouver	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
San Jose	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Detroit	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Anaheim	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Nashville	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Phoenix	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Los Angeles	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Chicago	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Dallas	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Calgary	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
St. Louis	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Minnesota	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Columbus	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Colorado	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—
Edmonton	0	0	0	0	0	0	0	0	0-0-0-0	0-0-0-0	0-0-0-0	—

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

## Last night's results

Toronto 2 Montreal 0  
Philadelphia 2 Boston 1  
Pittsburgh at Vancouver  
Today's games  
All times Eastern  
Anaheim vs. Buffalo at Helsinki, Finland, 1 p.m.  
NY Rangers vs. L.A. at Stockholm, Sweden, 1 p.m.  
Tampa Bay at Carolina, 7 p.m.  
Ottawa at Detroit, 7 p.m.  
Nashville at Columbus, 7 p.m.  
Chicago at Dallas, 8:30 p.m.

## Tomorrow's games

N.Y. Rangers vs. Anaheim at Stockholm, 1 p.m.  
Tampa Bay at Boston, 7 p.m.

## Philadelphia at New Jersey, 7 p.m.

## Carolina at Washington, 7 p.m.

## Florida at N.Y. Islanders, 8 p.m.

## Nashville at St. Louis, 8 p.m.

## Columbus at Minnesota, 8 p.m.

## Dallas at Chicago, 8:30 p.m.

## Detroit at Colorado, 9 p.m.

## Pittsburgh at Calgary, 10 p.m.

## Phoenix at San Jose, 10:30 p.m.

## Buffalo at Los Angeles, 11 p.m.

## Sunday's games

## Montreal at Winnipeg, 5 p.m.

## Pittsburgh at Edmonton, 9 p.m.

## Monday's games

## Colorado at Boston, 1 p.m.

## Carolina at New Jersey, 1 p.m.

## Minnesota at N.Y. Islanders, 1 p.m.

## Calgary at St. Louis, 2 p.m.

## Phoenix at Dallas, 6 p.m.

## Tampa Bay at Washington, 7 p.m.

## Vancouver at Columbus, 7 p.m.

## Tuesday's games

## Florida at Pittsburgh, 7 p.m.

## Minnesota at Ottawa, 7:30 p.m.

## Wednesday, Oct. 12

## Colorado at Columbus, 7 p.m.

## Vancouver at Philadelphia, 7:30 p.m.

## Boston at Carolina, 7:30 p.m.

## Maple Leafs 2, Canadiens 0

## First Period — No Scoring.

## Penalties — Liles Tor (cross-checking) 15:53,

## Schnerr Tor (boarding) 19:29.

## Second Period

## 1. Toronto, Lombardi 1 (Brown, Phaneuf) 0:33

## (sh)

## Penalties — Gorges Mtl (high-sticking) 6:47,

## Bozak Tor (goaltender interference) 9:19, Kos-

## titsyn Mtl (hooking) 17:48, Montreal bench

## (too many men; served by Enqvist) 18:30.

## Third Period

## 2. Toronto, Phaneuf 1 (Kessel, Lupul) 4:42

## Penalties — Gomez Mtl (tripping) 0:48, Arm-

## strong Tor (goaltender interference) 5:42,

## Schnerr Tor (holding) 19:24.

## Shots on goal

## Montreal 14 4 14 —32

## Toronto 4 8 6 —18

## Goal — Montreal: Price (L,0-1-0); Toronto:

## Reimer (W,1-0-0).

## Power plays (goals-chances) — Montreal: 0-5;

## Toronto: 0-4.

## Referees — Dan O'Halloran, Ian Walsh.

## Linesmen — Scott Cherrey, David Brisebois.

## Attendance — 19,606 (18,819) at Toronto.

## MLB PLAYOFFS

## DIVISION SERIES

## All times Eastern

## (Best-of-5 series)

## AMERICAN LEAGUE

## N.Y. YANKEES (E) VS. DETROIT (C)

## (Detroit wins 3-2)

## Last night's result

## Detroit 3 N.Y. Yankees 2

## TEXAS (W) VS. TAMPA BAY (WC)

## (Texas wins 3-1)

## NATIONAL LEAGUE

## PHILADELPHIA (E) VS. ST. LOUIS (WC)

## (Series tied 2-2)

## Wednesday's result

## St. Louis 5 Philadelphia 3

## Tonight's game

## St. Louis (Carpenter 11-9) at Philadelphia

## (Halladay), 8:37 p.m.

## MILWAUKEE (C) VS. ARIZONA (W)

## (Series tied 2-2)

## Wednesday's result

## Arizona 10 Milwaukee 6

## Today's game

## Arizona (Kennedy 21-4) at Milwaukee (Gal-

## lardo 17-10), 5:07 p.m.

## LEAGUE CHAMPIONSHIP

## (Best-of-7 series)

## AMERICAN LEAGUE

## TEXAS (W) VS. DETROIT (C)

## Tomorrow's game

## Detroit (Verlander 24-5) at Texas (Wilson 16-

## 7), TBD

## Sunday's game

## Detroit at Texas

## Tuesday's game

## Texas at Detroit

## Wednesday, Oct. 12

## Texas at Detroit

## TIGERS 3, YANKEES 2

## Detroit (Verlander 24-5) at Texas (Wilson 16-

## 7), TBD

## Sunday's game

## Detroit at Texas

## Tuesday's game

## Texas at Detroit

## Wednesday, Oct. 12

## Texas at Detroit

## Detroit

## New York

## AlJsn cf

## Kelly 3b-rf

## D'Yong lf

## Rabum lf

## MiCarri 1b

## VMrtzn dh

## Ordonz rf

## Inge 3b

## Avila c

## JhPerlt ss

## RSantg 2b

## Totals

## Detroit

## New York

## DP—New York 1. LOB—Detroit 6, New York 11.

## 2B—A.Jackson (1), Ordenez (1), Teixeira (2).

## HR—Kelly (1), D.Young (3), Cano (2).

## IP H R ER BB SO

## Detroit

## Fister W,1-1

## Scherzer H,1

## Benoit H,2

## Valverde S,2-2

## New York

## Nova L,1-1

## P.Hughes

## Logan

## Sabathia

## R.Soriano

## Robertson

## Ma.Rivera

## T—3:34. A—50,960 (50,291).

## NFL

## WEEK FIVE

## All times Eastern

## Sunday's games

## Arizona at Minnesota, 1 p.m.

## Oakland at Houston, 1 p.m.

## Kansas City at Indianapolis, 1 p.m.

## Philadelphia at Buffalo, 1 p.m.

## New Orleans at Carolina, 1 p.m.

## Cincinnati at Jacksonville, 1 p.m.

## Tennessee at Pittsburgh, 1 p.m.

## Seattle at N.Y. Giants, 1 p.m.

## Tampa Bay at San Francisco, 4:05 p.m.

## San Diego at Denver, 4:15 p.m.

## N.Y. Jets at New England, 4:15 p.m.

## Green Bay at Atlanta, 8:20 p.m.

## Open: Baltimore, Cleveland, Dallas, Miami, St.

## Louis, Washington

## Monday's game

## Chicago at Detroit, 8:30 p.m.

## SOCCER

## MLS

## EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	32	11	9	12	47	40	45
Philadelphia	31	10	7	14	41	34	44
Columbus	32	12	12	8	38	41	44
Houston	32	10	9	13	40	40	43
New York	32	9	7	16	49	42	43
D.C. United	30	9	10	11	46	46	38
Chicago	31	7	8	16	40	40	37
Toronto	32	6	13	13	33	56	31
New England	31	5	14	12	35	51	27

## WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Los Angeles	32	18	4	10	46	25	64
x-Seattle	31	16	6	9	51	33	57
x-Salt Lake	32	15	11	6	43	35	51
Dallas	31	13	11	7	36	34	46
Colorado	32	11	9	12	42	40	45
Portland	31	11	13	7	38	44	40
Chivas USA	32	8	12	12	40	39	36
San Jose	31	6	11	14	33	40	32
Vancouver	31	5	16	10	32	50	25

## x — Clinched playoff berth.

## Note: Three points for a win, one for a tie.

## Last night's result

## Vancouver 3 Salt Lake 0

## Tomorrow's games

## All times Eastern

## San Jose at New England, 7:30 p.m.

## Philadelphia at Seattle FC, 10 p.m.

## Wednesday, Oct. 12

## FC Dallas at Chicago, 8:30 p.m.

## D.C. United at Vancouver, 10 p.m.

## RUGBY

## WORLD CUP

## QUARTER-FINALS

## At Wellington, New Zealand

## All times Eastern

## Tomorrow's matches

## QF1 — Ireland vs. Wales, 1 a.m.

## QF2 — England vs. France, 3:30 a.m.

## Sunday's matches

## QF3 — South Africa vs. Australia, 1 a.m.

## QF4 — New Zealand vs. Argentina, 3:30 a.m.

## SEMI-FINALS

## At Auckland, New Zealand

## Saturday, Oct. 15

## QF1 vs. QF2 Winners, 4 a.m.

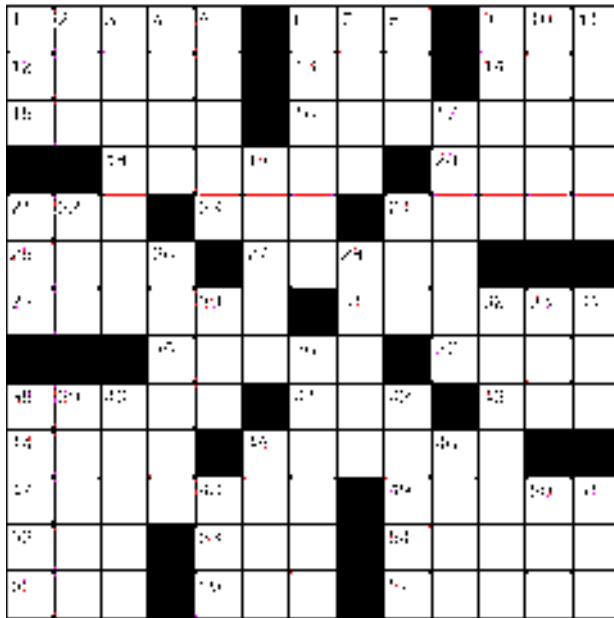
## Sunday, Oct. 16

## QF3 vs. QF4 Winners, 4 a.m.

## Crossword

## Across

- 1 Door-frame parts  
6 Carpentry tool  
9 Explosive letters  
12 End, NASA-style  
13 "— Had a Hammer"  
14 Travail  
15 Craze  
16 Tropical perennial herb  
18 What a hothead may lose  
20 "Casablanca" lead  
21 — Khan  
23 Skillet  
24 Unruly hairdos  
25 Greedy one's cry  
27 Ritzy fiddle  
29 Mars, e.g.  
31 Zoroastrian sacred text  
35 Puts on cargo  
37 Urban pall  
38 Rural home  
41 Chances, for short  
43 Storm center  
44 Birds, to Brutus  
45 Surgical tool  
47 "Black Magic Woman" band  
49 Mirror's offering  
52 Family  
53 Trail the pack  
54 Money of Jordan  
55 Cunning  
56 Gorilla  
57 Obliterate  
**Down**  
1 Predicament  
2 "The — Daba Hon-eymoon"  
3 Cyrus alter ego  
4 Soft cheese

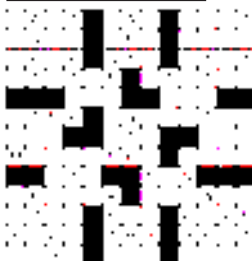


- 5 Postage  
6 Mum  
7 At a distance  
8 Triumph  
9 Clemens pseudo-nym  
10 (For the) time being  
11 Ship-building materials  
17 Swaps  
19 Rigatoni, e.g.  
21 Rock band's need  
22 Hodges of baseball  
24 Dallas basket-

- baller, for short  
26 Sign up  
28 Hoarse  
30 Lo-o-ong time  
32 "The Bartered Bride" composer  
33 Plaything  
34 Census statistic  
36 Time of senility  
38 Barrels  
39 Use  
40 Comic Jack  
42 Playground fixture  
45 Break suddenly  
46 Mideast ruler  
48 Chicken-king

link  
50 Petrol  
51 Prior to

## Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

7	5	4	2	3	8	9	1	6
3	9	1	6	5	4	7	2	8
6	8	2	1	9	7	4	5	3
5	1	6	7	4	3	2	8	9
2	7	8	9	6	1	3	4	5
4	3	9	8	2	5	1	6	7
1	6	3	5	7	2	8	9	4
8	4	5	3	1	9	6	7	2
9	2	7	4	8	6	5	3	1

## A look at the weather

TODAY	SATURDAY	SUNDAY
Min 6° Max 8°	Min 2° Max 10°	Min 1° Max 14°

## Andrew Schultz, Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS 5:30AM



## Today's horoscope

## ♈ Aries March 21-April 20

Today's Venus-Neptune link makes this a great day for friendships and affairs of the heart.

♉ Taurus April 21-May 21 You seem to be enchanted more by things than by people at the moment. Get your priorities right.

## ♊ Gemini May 22-June 21

Everything looks new and everything seems possible. In short, it's a great time to be a Gemini.

♋ Cancer June 22-July 22 Let others know what you're willing to put up with and what you consider is going too far — and mean it.

♌ Leo July 23-Aug. 23 This is the kind of day when you must get out among people and let your exuberant Leo nature light up the world.

♍ Virgo Aug. 24-Sept. 22 If you have fallen out with someone recently, this is the perfect day to make amends.

♎ Libra Sept. 23-Oct. 23 You have so much good karma waiting to be used, and the planets signal this is the time to cash in.

♏ Scorpio Oct. 24-Nov. 22 Don't allow yourself to be intimidated by someone who thinks that ranting gets things done.

## ♐ Sagittarius Nov. 23-Dec. 21

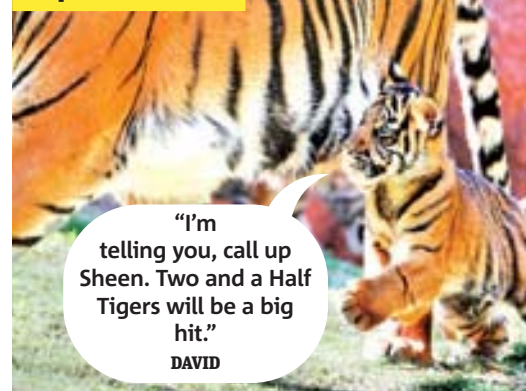
You will gain more today by doing less — not just a little bit less but a lot less. Sit back and chill.

♑ Capricorn Dec. 22-Jan. 20 Your rivals will be awed by your ability to always finish ahead of them. You're a natural.

♒ Aquarius Jan. 21-Feb. 18 If you're tempted to judge someone of whose lifestyle you don't approve, remember: live and let live.

♓ Pisces Feb. 19-March 20. If someone whose judgment you trust offers you advice, you'd be wise to listen. ● SALLY BROMPTON

## Caption contest



**WIN!** You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

**Cell Phone Repair**  
Damaged phone? Game system? or iPod?  
Want to unlock your phone?  
We can fix most phones while you wait!

**CPR-312**  
Bring this ad in on your next visit!

YOU BREAK IT, WE FIX IT. WE BREATHE LIFE INTO YOUR PHONES.  
**420 9737 Macleod Trail SW • 403.457.4277**  
**www.cprcalgary.com**  
We Buy, Sell, Trade, Repair

**HAKIM**  
2 PAIR  
HAKIM DESIGNER EYEGLASSES  
**\$199**  
FROM  
Bring a Friend & 20% OFF

**Fall Into Fashion**

Over 155 Discount Outlets... 110 One Hour In-Store Labs  
For nearest location call: 1-877-524-2020 • www.hakimoptical.ca

**THE ENCLAVE CASTLE KEEP**

**NEW WESTSIDE TOWNHOMES.**

homesbyavi.com/theEnclave





**LOOK AGAIN** SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

**Toronto, Ontario** –Sugar Beach. 2pm. Saturday afternoon. Time to round up the kids and hop back in the 2012 Chevrolet Orlando: the compact 7-seater. Then it's off to the carnival. Because with room for seven, flexible cargo space and excellent fuel-efficiency, the adventure never stops.



1. Removed chair under Umbrella 2. Extended pipe on tiled platform 3. Changed colour of tile in bottom left corner 4. Removed lug nut on the 2012 Chevrolet Orlando 5. Inverted colour on girl's dress 6. Added umbrella on beach 7. 2012 Chevrolet Orlando rear light under Umbrella 8. Changed colour of bucket girl is holding 9. Removed umbrella in front of the 2012 Chevrolet Orlando 10. Rear wiper positioned up on 2012 Chevrolet Orlando



DRIVING OUR WORLD FORWARD

CHEVROLET.CA

# ROCKTOBER DEALS AT CMP

**WEEK  
1  
BLOW  
OUTS!**

2011 GMC Sierra 1500 SLE  
Was: \$29,995  
**\$27,995**  
P5054A  
**\$199 Bi-Weekly**  
Crew cab, Cloth interior

2008 Buick Enclave  
Was: \$23,995  
**\$20,995**  
U6460A  
**\$169 Bi-Weekly**  
Leather interior, Sunroof

2007 GMC Yukon XL Denali  
Was: \$33,995  
**\$30,995**  
U6504A  
**\$249 Bi-Weekly**  
Leather, Sunroof, DVD, Nav.

2009 Chevrolet Suburban  
Was: \$30,995  
**\$28,995**  
U6470A  
**\$209 Bi-Weekly**  
8 passenger, Cloth interior

2008 Chevrolet Malibu  
Was: \$11,995  
**\$10,995**  
P5044A  
**\$96 Bi-Weekly**  
A.C., Cruise Control, 4 Doors

2011 Ford F-150 Lariat Eco-Boost  
Was: \$43,995  
**\$41,995**  
P5052A  
**\$299 Bi-Weekly**  
Leather, Sunroof, Low KM

2011 GMC Acadia SLT  
Was: \$39,995  
**\$37,995**  
RR10208A  
**\$279 Bi-Weekly**  
Leather, Sunroof, DVD

2008 Cadillac Escalade  
Was: \$44,995  
**\$42,995**  
U6458A  
**\$348 Bi-Weekly**  
Leather, DVD, Nav.

Taxes and fees not included, 2007s, 2008s & 2009s are based on 72 months/2011s are based on 84 months 5.99% O.A.C. errors and omissions exempt.

**403-705-8384**

**FAST AND EASY CREDIT APPROVALS**

**403-705-8384**

**REBUILD YOUR  
CREDIT**

- BANKRUPTCY •
- DIVORCE •
- NO CREDIT •
- NEW CREDIT •
- BAD CREDIT •

Scan this code  
with your  
smartphone  
and get  
Pre-Approved  
Today!



**OUR GOAL  
IS 100%  
APPROVAL!**

**WE WILL  
GET YOU  
THAT LOAN!**



**cmpauto.com 403-705-8385**



**CORNER OF 16TH AVE & 36 ST. N.E.**  
MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

